



TEACHERS

adda247



adda247



GOVT. OF NCT OF DELHI
Delhi Subordinate Services Selection Board
FC-18, Institutional Area, Karkardooma, Delhi – 110092.
www.dsssb.delhigovt.nic.in

Participant ID	4
Participant Name	
Test Center Name	Assessment Center
Test Date	29/06/2021
Test Time	2:00 PM - 5:00 PM
Subject	PGT- Physical Education (Female)

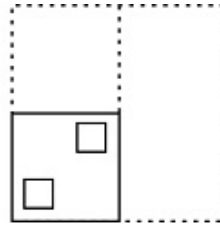
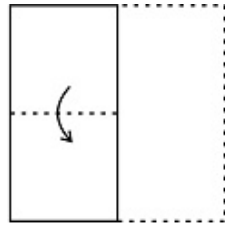
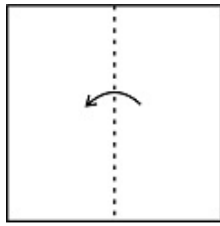
Section : Mental Ability



TEACHERS

adda247

Q.1 A paper is folded and punched as shown in the figure. Choose the figure which closely resembles the unfolded form of figure Z.



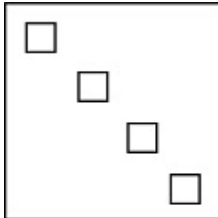
X

Y

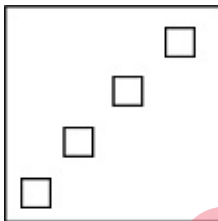
Z

Ans

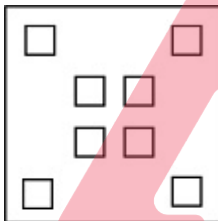
✗ 1.



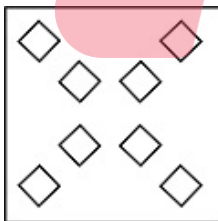
✗ 2.



✓ 3.



✗ 4.



TEACHERS
adda247

Question ID : 6009299260

Q.2 In this question, a statement has been followed by two assumptions numbered I and II. You have to decide which of the assumption is implicit.

Statement: If he is hardworking, he will get success.

Assumptions:

I. To get success, he must work hard.

II. He will get success.

Ans

✓ 1. Only I is implicit

✗ 2. Only II is implicit

✗ 3. None is implicit

✗ 4. Both I and II are implicit

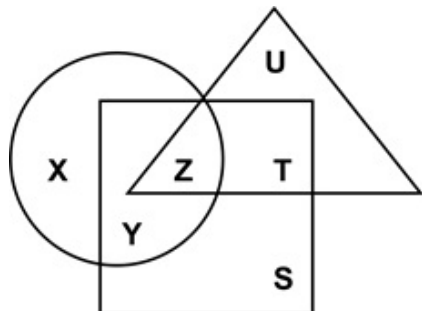
Question ID : 6009299253

Q.3 प्रदीप के पिता राहुल के पुत्र हैं। मोहन प्रदीप के चाचा है और राहुल नीलेश का भाई है। नीलेश, मोहन से कैसे संबंधित है?

- Ans
- ☒ 1. पुत्र
 - ☒ 2. चाचा
 - ☒ 3. पिता
 - ☒ 4. भाई

Question ID : 6009299251

Q.4 In the following diagram, square represents police officers, triangle represents married people and circle represents tall people. Then unmarried police officers who are not tall is represented by:



- Ans
- ☒ 1. Z
 - ☒ 2. T
 - ☒ 3. S
 - ☒ 4. U

TEACHERS

Question ID : 6009299256

Q.5 Find the missing term in the following series:

A9D, ____, I81L, M243P

- Ans
- ☒ 1. F28H
 - ☒ 2. E45G
 - ☒ 3. F45G
 - ☒ 4. E27H

Question ID : 6009299243

Q.6 Out of the given options, three are similar in a certain manner. However, one option is NOT like the other three. Select the option which is different from the rest.

- Ans
- ☒ 1. Writer : Pen
 - ☒ 2. Painter : Paint brush
 - ☒ 3. Doctor : Stethoscope
 - ☒ 4. Farmer : Field

Question ID : 6009299245

Q.7 In a certain code language, if chlorine is called fluorine, fluorine is called iodine, iodine is called oxygen, oxygen is called nitrogen, and nitrogen is called hydrogen, then what do humans breathe in and which is carried by the red blood cells?

- Ans
- ☒ 1. Oxygen
 - ☒ 2. Hydrogen
 - ☒ 3. Nitrogen
 - ☒ 4. Iodine

Question ID : 6009299249

Q.8 Select the option that is related to the third term on the same basis as the second term is related to the first term

12 : 121 :: 19 : ?

- Ans
- ☒ 1. 192
 - ☒ 2. 324
 - ☒ 3. 289
 - ☒ 4. 234

Question ID : 6009299254

Q.9 Select the option that is related to the third term on the same basis as the second term is related to the first term

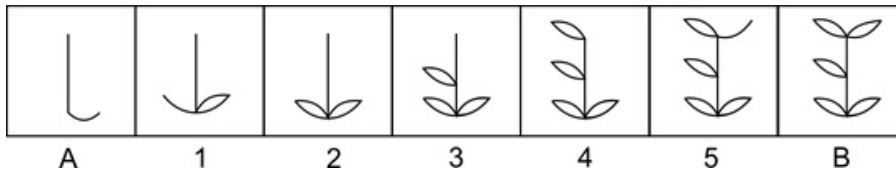
India : New Delhi :: Australia : ?

- Ans
- ☒ 1. Paris
 - ☒ 2. Canberra
 - ☒ 3. New York
 - ☒ 4. Melbourne

TEACHERS
adda247

Question ID : 6009299246

Q.10 In the given question, figures A and B are the starting and ending pattern of a series. Out of the five figures, named 1 to 5, one of the figures does not fit in the series. Find the number of the odd figure.



- Ans
- ☒ 1. 1
 - ☒ 2. 3
 - ☒ 3. 4
 - ☒ 4. 5

Question ID : 6009299258

Q.11 Out of the given options, three are similar in a certain manner. However, one option is NOT like the other three. Select the option which is different from the rest.

- Ans
- ☒ 1. Lion
 - ☐ 2. Spider
 - ☒ 3. Tiger
 - ☒ 4. Fox

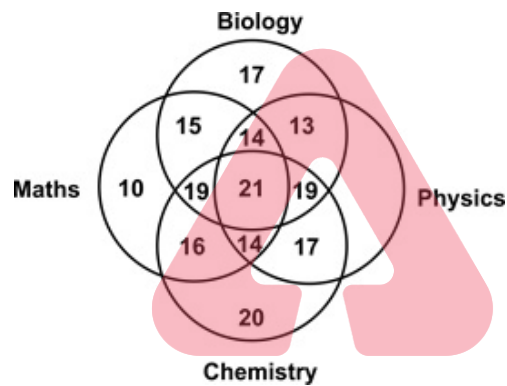
Question ID : 6009299244

Q.12 In a certain code language, if SECTOR = 82, TANKER = 93, how will PLASTER be coded as?

- Ans
- ☒ 1. 91
 - ☒ 2. 93
 - ☒ 3. 95
 - ☐ 4. 98

Question ID : 6009299248

Q.13 Refer to the Venn diagram and find the number of students who took any three of the subjects:



- Ans
- ☒ 1. 66
 - ☒ 2. 67
 - ☒ 3. 45
 - ☒ 4. 42

Question ID : 6009299257

Q.14 In the question, two statements are given, followed by three conclusions, I, II and III. You have to consider the statements to be true even if it seems to be at variance from commonly known facts. You have to decide which of the given conclusions, if any, follows from the given statements.

Statement 1: Some dancers are singers.
Statement 2: All singers are actors.

Conclusion I: Some actors are dancers.
Conclusion II: All actors are singers.
Conclusion III: Some singers are dancers.

- Ans
- ☒ 1. Only II and III follows
 - ☒ 2. Only II follows
 - ☒ 3. All the three follows
 - ☒ 4. Only I and III follows

Question ID : 6009299252

Q.15 Select the pair that is related on the same basis to the pair given in the question.

Christians : Christmas :: ?

- Ans
- ☒ 1. Muslims : Raksha Bandhan
 - ☒ 2. Muslims : Eid ul fitr
 - ☒ 3. Sikhs : Holi
 - ☒ 4. Hindu : Gurunanak Jayanti

Question ID : 6009299247

Q.16 On reversing the given numbers, which of the following will be the middle digit of the second highest new number?

235, 589, 156, 947, 522

- Ans
- ☒ 1. 8
 - ☒ 2. 3
 - ☒ 3. 4
 - ☒ 4. 5

Question ID : 6009299255

Q.17 A team of five has to be selected from among five boys Ross, Joey, Chandler, Mark, and Richard and four girls Phoebe, Monika, Rachel and Janice.
Some selection criteria are:

1. Ross and Janice have to be together.
2. Phoebe will not be in the same team as Rachel.
3. Mark and Monika will not be in the same team.
4. Chandler and Richard have to be together.
5. Rachel cannot be with Joey.

If Rachel is one of the members, the other members of the team will be:

- Ans
- ☒ 1. Janice, Ross, Chandler and Richard
 - ☒ 2. Monika, Janice, Ross, Mark
 - ☒ 3. Monika, Janice, Chandler, Richard
 - ☒ 4. Phoebe, Janice, Ross, Mark

Question ID : 6009299250

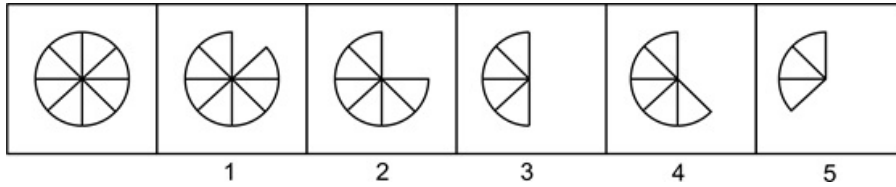
Q.18 Find the missing term in the following letter series:

DMN, _____, FQR, GST

- Ans
- ☒ 1. EFG
 - ☒ 2. AOP
 - ☒ 3. STU
 - ☒ 4. EOP

Question ID : 6009299242

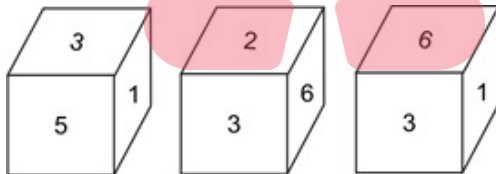
Q.19 A set of six figures is given, the first of which is unnumbered and represents the beginning of the series. The series will be established if the positions of two figures are interchanged. The number of the earlier of the two figures is the correct answer.



- Ans
- ☒ 1. 1
 - ☒ 2. 3
 - ☒ 3. 2
 - ☒ 4. 4

Question ID : 6009299259

Q.20 Three different positions of the same dice are given below. What number will be opposite to 3?



- Ans
- ☒ 1. 4
 - ☒ 2. 6
 - ☒ 3. 2
 - ☒ 4. 5

Question ID : 6009299261

Section : General Awareness

Q.1 When did the Khilafat Movement start?

- Ans
- ☐ 1. 1921
 - ☐ 2. 1918
 - ☐ 3. 1920
 - ☒ 4. 1919

Question ID : 6009299270

Q.2 Who is the Chief Minister of Puducherry as of 8th May 2021?

- Ans
- ☐ 1. Velu Narayanasamy
 - ☒ 2. N. Rangasamy
 - ☐ 3. Tamilisai Soundararajan
 - ☐ 4. Kiran Bedi

Question ID : 6009299273

Q.3 Asian Boxing Confederation (ASBC) has decided to conduct the upcoming 2021 edition of the ASBC Asian Elite Men and Women Boxing Championships in _____.

- Ans
- ☐ 1. Hong Kong
 - ☐ 2. Delhi
 - ☒ 3. Dubai
 - ☐ 4. Bangkok

Question ID : 6009299280

Q.4 The Panchayati Raj was introduced by the _____ Constitutional Amendment Act of 1992.

- Ans
- ☒ 1. 73rd
 - ☐ 2. 56th
 - ☐ 3. 68th
 - ☐ 4. 82nd

Question ID : 6009299278

Q.5 The first-ever electric tractor in the country has been tested at the Central Farm Machinery Training and Testing Institute in _____ in April 2021.

- Ans
- ☐ 1. Tamil Nadu
 - ☐ 2. Delhi
 - ☐ 3. Maharashtra
 - ☒ 4. Madhya Pradesh

Question ID : 6009299276

Q.6 Which among the following rivers is also known as the 'twin' or 'handmaid' of the Narmada?

- Ans
- ☐ 1. Luni
 - ☐ 2. Mahi
 - ☐ 3. Sabarmati
 - ☒ 4. Tapti

Question ID : 6009299268

Q.7 Which among the following oceans includes the Baltic Sea?

- Ans
- ☐ 1. Arctic Ocean
 - ☒ 2. Atlantic Ocean
 - ☐ 3. Indian Ocean
 - ☐ 4. Pacific Ocean

Question ID : 6009299269

Q.8 Sonalika and Kalyan Sona, introduced in 1963, are High Yielding Variety (HYV) seeds of which of the following crops?

- Ans
- ☐ 1. barley
 - ☐ 2. rice
 - ☒ 3. wheat
 - ☐ 4. maize

Question ID : 6009299267

Q.9 _____ बुंदेलखंड का विशिष्ट लोकगाथा है जो महोबा के राजा परमाल की सेवा करने वाले दो योद्धा भाइयों के वीर कार्यों का वर्णन करता है।

- Ans
- ☒ 1. आल्हा
 - ☐ 2. लोटिया
 - ☐ 3. बारहमासा
 - ☐ 4. मांडो

Question ID : 6009299262

Q.10 _____ was succeeded by Chakravarti Rajagopalachari who became the first Indian Governor-General of Independent India.

- Ans
- ☒ 1. Lord Mountbatten
 - ☐ 2. Lord Curzon
 - ☐ 3. Lord Hastings
 - ☐ 4. Lord Wellesley

Question ID : 6009299271

Q.11 Who among the following won the Best Actor (Male) award at the 11th Dadasaheb Phalke Film Festival 2021?

- Ans
- ☐ 1. Ajay Devgn
 - ☐ 2. Rajkummar Rao
 - ☒ 3. Akshay Kumar
 - ☐ 4. Amitabh Bachchan

Question ID : 6009299274

Q.12 Government of Himachal Pradesh reiterated its commitment to achieve 'Har Ghar Jal' target by _____.

- Ans
- ☒ 1. July 2022
 - ☐ 2. May 2023
 - ☐ 3. August 2024
 - ☐ 4. June 2025

Question ID : 6009299277

Q.13 _____ is defined as excess of total budget expenditure over total budget receipts excluding borrowings during a fiscal year.

- Ans
- ☐ 1. Primary Deficit
 - ☒ 2. Fiscal Deficit
 - ☐ 3. Fiscal Surplus
 - ☐ 4. Revenue Deficit

Question ID : 6009299264

Q.14 Which among the following layers of atmosphere rises due to the presence of ozone?

- Ans
- ☐ 1. Ionosphere
 - ☒ 2. Stratosphere
 - ☐ 3. Exosphere
 - ☐ 4. Mesosphere

Question ID : 6009299266

Q.15 Who among the following won the 2021 Rolex Monte Carlo Masters singles title?

- Ans
- ☐ 1. Rafael Nadal
 - ☐ 2. Daniil Medvedev
 - ☐ 3. Roger Federer
 - ☒ 4. Stefanos Tsitsipas

Question ID : 6009299281

Q.16 The first Union Budget of Independent India was presented by _____.

- Ans
- ☒ 1. John Matthai
 - ☒ 2. Jawaharlal Nehru
 - ☒ 3. Chintaman Dwarkanath Deshmukh
 - ☒ 4. Ramasamy Chetty Kandasamy Shanmukham Chetty

Question ID : 6009299279

Q.17 Which among the following monuments was built by Sawai Pratap Singh?

- Ans
- ☒ 1. Hawa Mahal
 - ☒ 2. Mehrangarh Fort
 - ☒ 3. Purana Quila
 - ☒ 4. India Gate

Question ID : 6009299263

Q.18 Union Minister of Education, Ramesh Pokhriyal, has launched 'Nishank' world's first affordable and long-lasting hygiene product DuroKea Series in April 2021. It was developed by _____ researchers.

- Ans
- ☒ 1. Indian Institutes of Management, Calcutta
 - ☒ 2. Indian Institutes of Management, Bangalore
 - ☒ 3. Indian Institutes of Technology, Hyderabad
 - ☒ 4. Indian Institutes of Technology, Kharagpur

Question ID : 6009299275

Q.19 Who among the following Governor Generals opened first telegraph line from Calcutta to Agra in 1853?

- Ans
- ☒ 1. Lord Hastings
 - ☒ 2. Lord Curzon
 - ☒ 3. Lord Dalhousie
 - ☒ 4. Lord Wellesley

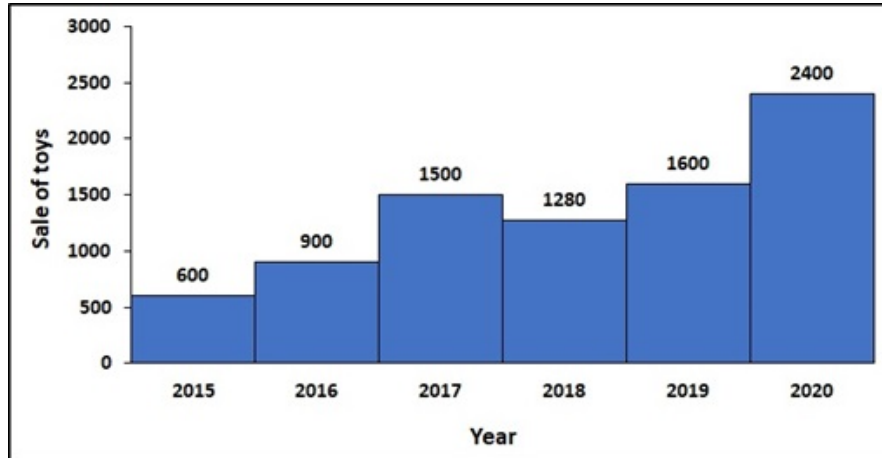
Question ID : 6009299272

Q.20 As announced in the Budget 2021, Deposit Insurance and Credit Guarantee Corporation (DICGC) is permitted to increase deposit insurance coverage from Rs 1 lakh to Rs _____.

- Ans
- ☒ 1. 4 lakh
 - ☒ 2. 3 lakh
 - ☒ 3. 5 lakh
 - ☒ 4. 2 lakh

Question ID : 6009299265

Q.1 The histogram shows the number of units of toys sold in every year. If the selling price of a remote was Rs 160 in 2015 and increased by 25% each year, then what was the total sales of 2017?



- Ans
- ☒ 1. Rs 3,75,000
 - ☐ 2. Rs 3,45,600
 - ☐ 3. Rs 3,90,000
 - ☐ 4. Rs 3,60,000

Question ID : 6009299300

Q.2 A park is in the shape of a trapezium. The area of the park is 4500 sq m and the perpendicular height is 20 m. Find the size of the smaller one of parallel sides of the park if one of the parallel sides is 50% more than the other?

- Ans
- ☐ 1. 216 m
 - ☐ 2. 225 m
 - ☒ 3. 180 m
 - ☐ 4. 150 m

Question ID : 6009299298

Q.3 A vendor expects a profit of 32% on cost. If his weekly sales were Rs 29,700, then find his profit?

- Ans
- ☒ 1. Rs 7200
 - ☐ 2. Rs 5400
 - ☐ 3. Rs 3600
 - ☐ 4. Rs 10800

Question ID : 6009299287

Q.4 A jogger jogs for 6 kms in 30 minutes on one day and for 15 kms in 1 hour and 30 minutes on the second day. Find his average jogging speed of the 2 days.

- Ans
- ☒ 1. 9.6 kmph
 - ☒ 2. 15 kmph
 - ☒ 3. 10.5 kmph
 - ☒ 4. 12.6 kmph

Question ID : 6009299284

Q.5 A good costs Rs 100 to make. It is sold to a retailer at a profit of 50% on cost and then the retailer sells it to the customer at a profit of 25% on the selling price. What is the price at which the customer buys it?

- Ans
- ☒ 1. Rs 160
 - ☒ 2. Rs 200
 - ☒ 3. Rs 250
 - ☒ 4. Rs 240

Question ID : 6009299286

Q.6 The cost price of 28 toys is equal to the selling price of 20 toys. Find the profit percent.

- Ans
- ☒ 1. 50%
 - ☒ 2. 33.33%
 - ☒ 3. 40%
 - ☒ 4. 44.44%

Question ID : 6009299288

Q.7 The tax rate on an item was 18% and the price after tax was Rs 6608. By how much should the price be increased so that the price after tax does not change if the new tax rate is 12%?

- Ans
- ☒ 1. Rs 400
 - ☒ 2. Rs 280
 - ☒ 3. Rs 320
 - ☒ 4. Rs 300

Question ID : 6009299285

Q.8 X can cover a distance in 20 minutes and Y can cover the same distance in 36 minutes. Find the ratio of their speeds.

- Ans
- ☒ 1. 5:8
 - ☒ 2. 5:9
 - ☒ 3. 9:5
 - ☒ 4. 8:5

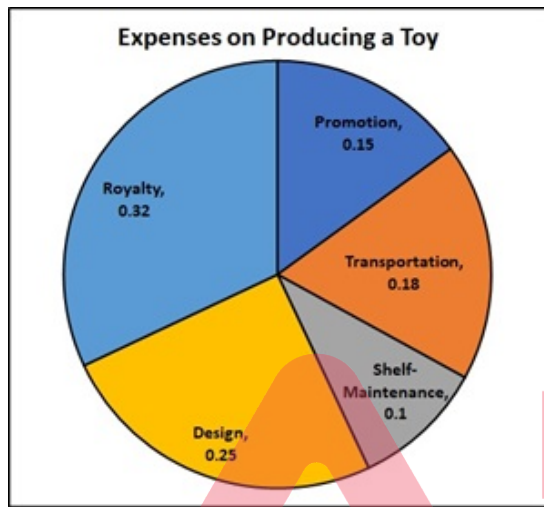
Question ID : 6009299290

Q.9 A sum of money is to be distributed among W, X, Y and Z in the ratio of 17:18:19:20. If Y gets Rs 500 more than W, then how much does Z receive?

- Ans
- ☒ 1. Rs 4000
 - ☒ 2. Rs 5000
 - ☒ 3. Rs 4500
 - ☒ 4. Rs 3500

Question ID : 6009299289

Q.10 The pie-chart shows the distribution of expenses of producing a toy in decimal fractions. If the producer spends Rs 375 on the design of 5 toys, then how much will he give out on royalty for 50 toys?



- Ans
- ☒ 1. Rs 4000
 - ☒ 2. Rs 3200
 - ☒ 3. Rs 4800
 - ☒ 4. Rs 6000

Question ID : 6009299299

Q.11 What is the least number that should be added to 2000 such that the number is exactly divisible by 7, 9, 20 and 24?

- Ans
- ☒ 1. 520
 - ☒ 2. 160
 - ☒ 3. 320
 - ☒ 4. 640

Question ID : 6009299282

Q.12 How many cones of radius 7 cm and height 14 cm can be carved out of a cylinder of radius 14 cm and height 28 cm?

- Ans
- ☐ 1. 36
 - ☒ 2. 24
 - ☐ 3. 25
 - ☐ 4. 32

Question ID : 6009299297

Q.13 A and B can together finish a task in 120 days. Find the number of days B would take to do the task alone if A alone takes 72 days to complete 50% of the task.

- Ans
- ☐ 1. 144
 - ☒ 2. 720
 - ☐ 3. 288
 - ☐ 4. 576

Question ID : 6009299296

Q.14 X invested Rs 20,000 in a company that gives out 10% returns and X decided to re-invest the returns in the company. What is the value of his investment at the end of the 2nd year after receiving the interest for the 2nd year?

- Ans
- ☐ 1. Rs 24,000
 - ☐ 2. Rs 26,400
 - ☐ 3. Rs 24,400
 - ☒ 4. Rs 24,200

Question ID : 6009299292

Q.15 A man travels from X to Y which are 450 kms apart in 8 hours. He travels back at the speed of 45 kmph. Find his average speed of the journey.

- Ans
- ☐ 1. 45 kmph
 - ☐ 2. 54 kmph
 - ☐ 3. 60 kmph
 - ☒ 4. 50 kmph

Question ID : 6009299294

Q.16 A garden can be planted by A, B & C in 40, 50 & 200 days respectively. They start working together and B left the job after working on the 10th day and C left after working on the 15th day. How many days will A require to plant the remaining garden?

- Ans
- ☐ 1. 20
 - ☒ 2. 14
 - ☐ 3. 15
 - ☐ 4. 17.5

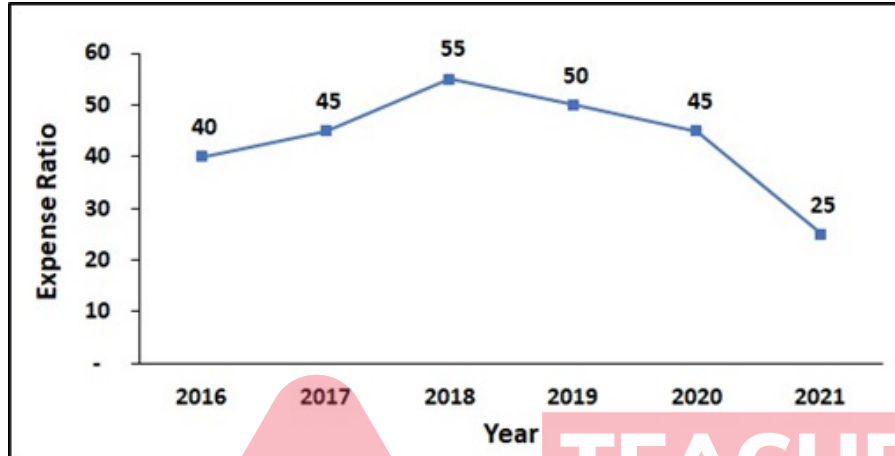
Question ID : 6009299295

Q.17 Find the value of: $\sqrt{9+\sqrt{33+\sqrt{225+\sqrt{961}}}}$

- Ans
- ☒ 1. 3
 - ☒ 2. 4
 - ☒ 3. 5
 - ☒ 4. 6

Question ID : 6009299283

Q.18 The frequency polygon shows the expense ratio for a company. If the expenses were equal for 2018 and 2020, then what was income ratio for 2018 and 2020? (Expense ratio = $\frac{\text{Expenses}}{\text{Income}} \times 100$)



- Ans
- ☒ 1. 6:5
 - ☒ 2. 11:9
 - ☒ 3. 9:11
 - ☒ 4. 5:6

Question ID : 6009299301

Q.19 A sum of money is lent at 25% per annum on compound interest. What is the ratio of increase in amount from the 8th year to 9th year?

- Ans
- ☒ 1. 4:5
 - ☒ 2. 4:3
 - ☒ 3. 3:4
 - ☒ 4. 5:4

Question ID : 6009299291

Q.20 The speed of a police van is 30 kmph faster than a car. The car takes 2 hours to cover same distance while the police van requires 90 minutes. Find the speed of the car.

- Ans
- ☒ 1. 120 kmph
 - ☒ 2. 90 kmph
 - ☒ 3. 60 kmph
 - ☒ 4. 75 kmph

Question ID : 6009299293

Q.1 Four words are given, out of which only one word is spelt correctly. Choose the correctly spelt word.

- Ans ☒ 1. Amorphous
☐ 2. Amorpious
☐ 3. Ammorphous
☐ 4. Amarphous

Question ID : 6009299312

Q.2 Select the most appropriate 'one word ' for the expressions given below.

Belonging to a particular place rather than coming to it from somewhere else

- Ans ☐ 1. Alien
☐ 2. Celestial
☒ 3. Indigenous
☐ 4. Tenet

Question ID : 6009299315

Q.3 Select the word segment that substitutes (replaces) the bracketed word segment correctly and completes the sentence meaningfully. Select the option 'no correction required' if the sentence is correct as given.

She taught me many things like (how to achieve congruence with your work, your home and your personal needs).

- Ans ☒ 1. how to achieve congruence between my work, my home and my personal needs
☐ 2. how to achieve congruence as my work, my home and my personal needs
☐ 3. how to achieve congruence in your work, your home and your personal needs
☐ 4. No correction required

Question ID : 6009299305

Q.4 Select the word that is opposite in meaning (ANTONYM) to the word given below

Imminent

- Ans ☐ 1. Threatening
☐ 2. Menacing
☒ 3. Remote
☐ 4. Impending

Question ID : 6009299310

Q.5 The sentence below has been divided into three parts. Select the part of the sentence that has an error. If the sentence has no error, select the option 'No Error'.

An overseas bank account in the company name contained a balance of one million dollars which were raised through illegal means.

- Ans
- ☒ 1. contained a balance of one million dollars
 - ☒ 2. An overseas bank account in the company name
 - ☒ 3. No error
 - ☒ 4. which were raised through illegal means.

Question ID : 6009299302

Q.6 Select the word segment that substitutes (replaces) the bracketed word segment correctly and completes the sentence meaningfully. Select the option 'no correction required' if the sentence is correct as given.

Alex climbed (into the car besides Carmen and placed his arm protectively on the back) of the seat behind her neck.

- Ans
- ☒ 1. into the car besides Carmen and placed his arm protectively over the back
 - ☒ 2. No correction required
 - ☒ 3. into the car beside Carmen and placed his arm protectively on the back
 - ☒ 4. in to the car besides Carmen and placed his arm protectively at the back

Question ID : 6009299304

Q.7 Some parts of a sentence have been jumbled up, and labelled P, Q, R and S. Select the option that gives the correct sequence in which these parts can be rearranged to form a meaningful and grammatically correct sentence.

This led to the circulation of

P. malicious stories to the effect that Great Britain

Q. was not doing her share, and

R. that she was preserving her soldiers

S. at the expense of those

furnished from overseas.

- Ans
- ☒ 1. PQRS
 - ☒ 2. PSQR
 - ☒ 3. PQSR
 - ☒ 4. PRSQ

Question ID : 6009299308

Q.8 Fill in the blank with the most appropriate choice.

Photographing the _____ qualities of the moon requires a few tools to make use of the moon's available light source, as well as minimize camera shake or blur.

- Ans
- ☒ 1. sanguine
 - ☒ 2. cession
 - ☒ 3. luminescent
 - ☒ 4. denigrate

Question ID : 6009299307

Q.9 Select the most appropriate meaning of the given idiom.

Helter Skelter

- Ans
- ☒ 1. Contrary the principles of fairness
 - ☒ 2. Do something exactly right or say something exactly right
 - ☒ 3. Here and there
 - ☒ 4. Go to bed or go to sleep

Question ID : 6009299313

Q.10 Select the word that is opposite in meaning (ANTONYM) to the word given below

Paltry

- Ans
- ☒ 1. Substantial
 - ☒ 2. Trivial
 - ☒ 3. Measly
 - ☒ 4. Pathetic

TEACHERS

adda247

Question ID : 6009299309

Q.11 Select the most appropriate meaning of the given idiom.

Level playing field

- Ans
- ☒ 1. To share a secret that wasn't suppose to be shared
 - ☒ 2. Make all possible efforts
 - ☒ 3. A fair competition where no side has an advantage
 - ☒ 4. Material interests

Question ID : 6009299314

Q.12 Select the most appropriate 'one word ' for the expressions given below.

Back in which the spine is curved in an abnormal way

- Ans
- ☒ 1. Untoward
 - ☒ 2. Hunchback
 - ☒ 3. Vice
 - ☒ 4. Debauchery

Question ID : 6009299316

Q.13 Four words are given, out of which only one word is spelt correctly. Choose the correctly spelt word.

- Ans
- ☒ 1. Deteriment
 - ☒ 2. Deterimenet
 - ☒ 3. Detriment
 - ☒ 4. Datriment

Question ID : 6009299311

Q.14 Fill in the blank with the most appropriate choice.

The other also dates from the Caesarean period; it mentions many interesting details, and concludes with a fine _____ of the Lord's Prayer.

- Ans
- ☒ 1. exposition
 - ☒ 2. suffrage
 - ☒ 3. contusion
 - ☒ 4. hubris

Question ID : 6009299306

Q.15 The sentence below has been divided into three parts. Select the part of the sentence that has an error. If the sentence has no error, select the option 'No Error'.

For most of the century, the Everest had been the ultimate symbol of human endeavour.

- Ans
- ☒ 1. For most of the century, the
 - ☒ 2. Everest had been the ultimate
 - ☒ 3. No error
 - ☒ 4. symbol of human endeavour.

Question ID : 6009299303

Comprehension:

A passage is given with 5 questions following it. Read the passage carefully and choose the best answer to each question out of the four alternatives.

Who would win in a fight, a lion or a tiger? Well, if size has anything to do with the matter, the tiger would win. That's because tigers are the largest of all cat species. They grow up to eleven feet long and weigh as much as 670 lbs. This makes tigers the third largest land carnivore. The only larger land carnivores are polar bears and brown bears respectively. Tigers are not only large, they are also fast. They can sprint as fast as 40 miles per hour for short distances and leap as far as 30 feet horizontally. This makes for an extremely dangerous pounce. You might not think that such large, fast, and ferocious creatures need help to survive, but they do. The tiger is an endangered species.

Despite all of the tiger's strengths, the future of the species is uncertain. Tigers face a very high risk of extinction. It is estimated that at the start of the 20th century, there were over 100,000 tigers living in the wild. By the turn of the century, the number of tigers outside of captivity dwindled to just over 3,000. Interestingly, the most serious threats that tigers face come from a much smaller species, one with an average weight of around 140 lbs. That species is *Homo sapiens*, better known as humans. Humans threaten tigers in primarily two ways: hunting and destroying habitat.

Tigers are hunted for many reasons. People have long valued the famous striped skins. Though trading tiger skins is now illegal in most parts of the world, tiger pelts are worth around \$10,000 on the black-market. Though the fur would be incentive enough for most poachers, other parts of the tiger can also fetch a pretty penny. Some people in China and other Asian cultures believe that various tiger parts have healing properties. Traditional Chinese medicine calls for the use of tiger bones, amongst other parts, in some prescriptions.

SubQuestion No : 16**Q.16 Which is the largest land carnivore?****Ans**☒ 1. Polar bear☐ 2. Lion☐ 3. Tiger☐ 4. Brown Bear**TEACHERS****adda247**

Question ID : 6009299319

Comprehension:

A passage is given with 5 questions following it. Read the passage carefully and choose the best answer to each question out of the four alternatives.

Who would win in a fight, a lion or a tiger? Well, if size has anything to do with the matter, the tiger would win. That's because tigers are the largest of all cat species. They grow up to eleven feet long and weigh as much as 670 lbs. This makes tigers the third largest land carnivore. The only larger land carnivores are polar bears and brown bears respectively. Tigers are not only large, they are also fast. They can sprint as fast as 40 miles per hour for short distances and leap as far as 30 feet horizontally. This makes for an extremely dangerous pounce. You might not think that such large, fast, and ferocious creatures need help to survive, but they do. The tiger is an endangered species.

Despite all of the tiger's strengths, the future of the species is uncertain. Tigers face a very high risk of extinction. It is estimated that at the start of the 20th century, there were over 100,000 tigers living in the wild. By the turn of the century, the number of tigers outside of captivity dwindled to just over 3,000. Interestingly, the most serious threats that tigers face come from a much smaller species, one with an average weight of around 140 lbs. That species is Homo sapiens, better known as humans. Humans threaten tigers in primarily two ways: hunting and destroying habitat.

Tigers are hunted for many reasons. People have long valued the famous striped skins. Though trading tiger skins is now illegal in most parts of the world, tiger pelts are worth around \$10,000 on the black-market. Though the fur would be incentive enough for most poachers, other parts of the tiger can also fetch a pretty penny. Some people in China and other Asian cultures believe that various tiger parts have healing properties. Traditional Chinese medicine calls for the use of tiger bones, amongst other parts, in some prescriptions.

SubQuestion No : 17

Q.17 According to the passage, which of the following statement is incorrect?

Ans

- ✓ 1. The most serious threat tigers face today is the declining habitat.
- ✗ 2. A tiger can reach a top speed of 40 miles per hour and leap as far as 30 feet.
- ✗ 3. Tiger is the largest land carnivore cat.
- ✗ 4. Tigers are mostly hunted for their pelts by most poachers around the world.

Question ID : 6009299321

Comprehension:

A passage is given with 5 questions following it. Read the passage carefully and choose the best answer to each question out of the four alternatives.

Who would win in a fight, a lion or a tiger? Well, if size has anything to do with the matter, the tiger would win. That's because tigers are the largest of all cat species. They grow up to eleven feet long and weigh as much as 670 lbs. This makes tigers the third largest land carnivore. The only larger land carnivores are polar bears and brown bears respectively. Tigers are not only large, they are also fast. They can sprint as fast as 40 miles per hour for short distances and leap as far as 30 feet horizontally. This makes for an extremely dangerous pounce. You might not think that such large, fast, and ferocious creatures need help to survive, but they do. The tiger is an endangered species.

Despite all of the tiger's strengths, the future of the species is uncertain. Tigers face a very high risk of extinction. It is estimated that at the start of the 20th century, there were over 100,000 tigers living in the wild. By the turn of the century, the number of tigers outside of captivity dwindled to just over 3,000. Interestingly, the most serious threats that tigers face come from a much smaller species, one with an average weight of around 140 lbs. That species is Homo sapiens, better known as humans. Humans threaten tigers in primarily two ways: hunting and destroying habitat.

Tigers are hunted for many reasons. People have long valued the famous striped skins. Though trading tiger skins is now illegal in most parts of the world, tiger pelts are worth around \$10,000 on the black-market. Though the fur would be incentive enough for most poachers, other parts of the tiger can also fetch a pretty penny. Some people in China and other Asian cultures believe that various tiger parts have healing properties. Traditional Chinese medicine calls for the use of tiger bones, amongst other parts, in some prescriptions.

SubQuestion No : 18

Q.18 According to the passage, beginning the 21st century what has the tiger population dwindled down to?

Ans

- ☒ 1. Under 3000
- ☒ 2. A little over 3000
- ☒ 3. 3000
- ☒ 4. Around 100,000

TEACHERS

adda247

Question ID : 6009299322

Comprehension:

A passage is given with 5 questions following it. Read the passage carefully and choose the best answer to each question out of the four alternatives.

Who would win in a fight, a lion or a tiger? Well, if size has anything to do with the matter, the tiger would win. That's because tigers are the largest of all cat species. They grow up to eleven feet long and weigh as much as 670 lbs. This makes tigers the third largest land carnivore. The only larger land carnivores are polar bears and brown bears respectively. Tigers are not only large, they are also fast. They can sprint as fast as 40 miles per hour for short distances and leap as far as 30 feet horizontally. This makes for an extremely dangerous pounce. You might not think that such large, fast, and ferocious creatures need help to survive, but they do. The tiger is an endangered species.

Despite all of the tiger's strengths, the future of the species is uncertain. Tigers face a very high risk of extinction. It is estimated that at the start of the 20th century, there were over 100,000 tigers living in the wild. By the turn of the century, the number of tigers outside of captivity dwindled to just over 3,000. Interestingly, the most serious threats that tigers face come from a much smaller species, one with an average weight of around 140 lbs. That species is Homo sapiens, better known as humans. Humans threaten tigers in primarily two ways: hunting and destroying habitat.

Tigers are hunted for many reasons. People have long valued the famous striped skins. Though trading tiger skins is now illegal in most parts of the world, tiger pelts are worth around \$10,000 on the black-market. Though the fur would be incentive enough for most poachers, other parts of the tiger can also fetch a pretty penny. Some people in China and other Asian cultures believe that various tiger parts have healing properties. Traditional Chinese medicine calls for the use of tiger bones, amongst other parts, in some prescriptions.

SubQuestion No : 19

Q.19 What does the line "Well, if size has anything to do with the matter, the tiger would win" infer?

- Ans
- ☒ 1. Lions are larger than tigers.
 - ☒ 2. Tigers are stronger than lions.
 - ☒ 3. Tiger's are the largest cat species.
 - ☒ 4. Tigers are larger than lions.

TEACHERS

adda247

Question ID : 6009299320

Comprehension:

A passage is given with 5 questions following it. Read the passage carefully and choose the best answer to each question out of the four alternatives.

Who would win in a fight, a lion or a tiger? Well, if size has anything to do with the matter, the tiger would win. That's because tigers are the largest of all cat species. They grow up to eleven feet long and weigh as much as 670 lbs. This makes tigers the third largest land carnivore. The only larger land carnivores are polar bears and brown bears respectively. Tigers are not only large, they are also fast. They can sprint as fast as 40 miles per hour for short distances and leap as far as 30 feet horizontally. This makes for an extremely dangerous pounce. You might not think that such large, fast, and ferocious creatures need help to survive, but they do. The tiger is an endangered species.

Despite all of the tiger's strengths, the future of the species is uncertain. Tigers face a very high risk of extinction. It is estimated that at the start of the 20th century, there were over 100,000 tigers living in the wild. By the turn of the century, the number of tigers outside of captivity dwindled to just over 3,000. Interestingly, the most serious threats that tigers face come from a much smaller species, one with an average weight of around 140 lbs. That species is Homo sapiens, better known as humans. Humans threaten tigers in primarily two ways: hunting and destroying habitat.

Tigers are hunted for many reasons. People have long valued the famous striped skins. Though trading tiger skins is now illegal in most parts of the world, tiger pelts are worth around \$10,000 on the black-market. Though the fur would be incentive enough for most poachers, other parts of the tiger can also fetch a pretty penny. Some people in China and other Asian cultures believe that various tiger parts have healing properties. Traditional Chinese medicine calls for the use of tiger bones, amongst other parts, in some prescriptions.

SubQuestion No : 20

Q.20 What is the most serious threat to tigers?

- Ans
- ☒ 1. Natural predators
 - ☒ 2. Environment
 - ☒ 3. Climate
 - ☒ 4. Humans

TEACHERS

adda247

Question ID : 6009299318

Section : General Hindi

Q.1 निम्न विकल्पों में से उस विकल्प का चयन करें जो दिए गए संधि-विच्छेद शब्द के सही संधि का विकल्प है।

रजनी + ईश

- Ans
- ☒ 1. रजनीश
 - ☒ 2. रजनाश
 - ☒ 3. रजनश
 - ☒ 4. रजनिश

Question ID : 6009299323

Q.2 निम्न विकल्पों में से उस विकल्प का चयन करें जो वाक्य का शुद्ध रूप है।

- Ans
- ☒ 1. मैंने बालक को समझाया - बुझाया।
 - ☒ 2. भाग्यहीन मनुष्य को सब सताता है।
 - ☒ 3. यह छात्र बेलायक है।
 - ☒ 4. प्रतिदिनो अपना काम को करो।

Question ID : 6009299332

Q.3 उचित शब्द छाँटकर वाक्य की पूर्ति कीजिए।

सामने से भेड़-बकरियों का _____ आ रहा है।

- Ans
- ☒ 1. झुंड
 - ☐ 2. दल
 - ☐ 3. समूह
 - ☐ 4. रेवड़

Question ID : 6009299328

Q.4 निम्न विकल्पों में से उस विकल्प का चयन करें जो दिए गए उपसर्ग शब्द का सही विकल्प है।

- Ans
- ☒ 1. निश्चित
 - ☐ 2. भूखा
 - ☐ 3. कतरनी
 - ☐ 4. तैराक

Question ID : 6009299326

Q.5 निम्न विकल्पों में से उस विकल्प का चयन करें जो दिए गए लोकोक्ति का सही अर्थ वाला विकल्प है।

सौ सयाने एको मत , मूरख आयो आपनी

- Ans
- ☐ 1. जबरदस्ती किसी के गले पड़ना
 - ☒ 2. अनेक बुद्धिमानों में भी एकता होती है ,पर मूर्खों में नहीं होती
 - ☐ 3. जिसका कोई निश्चित मत नहीं है
 - ☐ 4. अपना अपना भाग्य

TEACHERS

adda247

Question ID : 6009299336

Q.6 निम्न विकल्पों में से मिश्र वाक्य को पहचानिए।

- Ans
- ☐ 1. तुम्हारे कहने पर सब मान गए।
 - ☐ 2. मुझसे मिल लेना परन्तु प्रतीक्षा करनी पड़ेगी।
 - ☒ 3. मैंने एक व्यक्ति को देखा जो बहुत लंबा था।
 - ☐ 4. बम फटते ही अफरा-तफरी मच गई।

Question ID : 6009299331

Q.7 निम्न विकल्पों में से उस विकल्प का चयन करें जो दिए गए मुहावरे का सही अर्थ वाला विकल्प है।

सिर -धड़ की बाजी लगाना

- Ans
- ☒ 1. प्राणों की भी परवाह न करना
 - ☐ 2. किसी काम न आना
 - ☐ 3. लजा जाना
 - ☐ 4. प्रचार करना

Question ID : 6009299337

Q.8 निम्न विकल्पों में से उस विकल्प का चयन करें जो विराम चिह्न युक्त वाक्य का सही विकल्प है।

- Ans
- ☐ 1. युवक ने हँसकर कहा "अब मुझे कुछ इनाम देते हो ?"
 - ☐ 2. युवक ने हँसकर कहा -अब मुझे कुछ इनाम देते हो ?"
 - ☐ 3. युवक ने हँसकर कहा -"अब मुझे कुछ इनाम देते हो ?
 - ☒ 4. युवक ने हँसकर कहा -"अब मुझे कुछ इनाम देते हो ?"

Question ID : 6009299335

Q.9 निम्न विकल्पों में से उस विकल्प का चयन करें जो दिए गए संधि शब्द का सही संधि-विच्छेद है।

सप्तर्षि

- Ans
- ☐ 1. सप्तर + ऋषि
 - ☐ 2. सप्त + ऋषी
 - ☐ 3. सप्त + र्षि
 - ☒ 4. सप्त+ऋषि

Question ID : 6009299324

Q.10 निम्न विकल्पों में से उस विकल्प का चयन करें जो दिए गए शब्द-युग्म का सही अर्थ है।

अन्यान्य -अन्योन्य

- Ans
- ☐ 1. इत्यादि, परस्पर
 - ☐ 2. दूसरा-दूसरा, इकलौता
 - ☐ 3. समष्टि, दूसरा -दूसरा
 - ☒ 4. दूसरा-दूसरा, परस्पर

Question ID : 6009299330

Q.11 निम्न विकल्पों में से उस विकल्प का चयन करें जो भाववाचक संज्ञा का सही विकल्प है।

- Ans
- ☐ 1. कूदना
 - ☐ 2. जंगली
 - ☒ 3. ठगी
 - ☐ 4. गिरना

Question ID : 6009299327

Q.12 निम्न विकल्पों में से उस विकल्प का चयन करें जो दिए गए प्रत्यय शब्द का सही विकल्प है।

- Ans
- ☐ 1. अधपका
 - ☐ 2. कमज़ोर
 - ☐ 3. निकम्मा
 - ☒ 4. बलहीन

Question ID : 6009299325

Q.13 निम्न विकल्पों में से उस विकल्प का चयन करें जो दिए गए शब्द का सही विलोम शब्द है।

विपक्ष

- Ans
- ☒ 1. अपक्ष
 - ☒ 2. विरुद्ध
 - ☒ 3. प्रतिकूल
 - ☒ 4. पक्ष

Question ID : 6009299329

Q.14 निम्न विकल्पों में से उस विकल्प का चयन करें जो सदैव पुल्लिंग का रूप है।

- Ans
- ☒ 1. समाज
 - ☒ 2. कढ़ी
 - ☒ 3. सरदी
 - ☒ 4. गुजराती

Question ID : 6009299334

Q.15 निम्न विकल्पों में से उस विकल्प का चयन करें जो सदैव एकवचन का रूप है।

- Ans
- ☒ 1. बन्दर
 - ☒ 2. गुरु
 - ☒ 3. सोना
 - ☒ 4. घर

Question ID : 6009299333

Comprehension:

नीचे दिए गए गद्यांश के बाद ५ प्रश्न दिए गए हैं। इस गद्यांश ध्यान पूर्वक पढ़ें और चार विकल्पों में से प्रत्येक प्रश्न का सर्वोत्तम उत्तर चुनें।

ब्रह्मा के पश्चात इस भूतल पर मानव को वितरित करने वाली नारी का स्थान सर्वोपरि है। नारी- मां, बहन, पुत्री एवं पत्नी के रूपों में रहती है। मानव का समाज से संबंध स्थापित करने वाली नारी होती है। किंतु दुर्भाग्य है कि इस जगत धात्री को समुचित सम्मान ना देकर उसने प्रारंभ से ही अपने वशीभूत रखने का प्रयत्न किया है। नारी के रूप को देवी का प्रतीक मानते हैं। इसका सम्मान पूरे संसार को बदलने की क्षमता रखता है। नारी को माँ-दुर्गा, माँ सरस्वती और माँ-लक्ष्मी के रूप में पूजा जाता है। प्राचीन भारत में नारी की स्थिति अच्छी थी। वैदिक काल में नारी का सम्मानजनक स्थान था। रोमसा, लोपामुद्रा अधिकारियों ने ऋग्वेद के सूक्तों को रचा, तो सीता, अनुसुइया, सुलोचना आदि के आदर्शों को आज भी स्वीकार किया जाता है। मनुस्मृति के वचन अनुसार:- जहां स्त्री जाति का आदर सम्मान होता है उनकी आवश्यकता और अपेक्षाओं की पूर्ति होती है उस स्थान, समाज, परिवार पर देवता गण प्रसन्न रहते हैं। जहां ऐसा नहीं होता और उनके प्रति तिरस्कार का व्यवहार किया जाता है वहां देव कृपा नहीं रहती है और वहां संपन्न किए गए कार्य सफल नहीं होते।

SubQuestion No : 16

Q.16 मनुस्मृति में क्या लिखा गया है ?

- Ans
- ☒ 1. जहां स्त्री जाति का आदर सम्मान होता है, उस परिवार पर देवता गण प्रसन्न रहते हैं।
 - ☒ 2. जहां स्त्री जाति का अनादर होता है, उस परिवार पर देवता गण प्रसन्न रहते हैं।
 - ☒ 3. जहां स्त्री जाति का आदर सम्मान होता है, उस परिवार पर देवता गण अप्रसन्न रहते हैं।
 - ☒ 4. जहां स्त्री जाति का आदर सम्मान होता है, उस परिवार पर देवता गण कुपित रहते हैं।

Question ID : 6009299340

Comprehension:

नीचे दिए गए गद्यांश के बाद ५ प्रश्न दिए गए हैं। इस गद्यांश ध्यान पूर्वक पढ़ें और चार विकल्पों में से प्रत्येक प्रश्न का सर्वोत्तम उत्तर चुनें।

ब्रह्मा के पश्चात् इस भूतल पर मानव को वितरित करने वाली नारी का स्थान सर्वोपरि है। नारी- मां, बहन, पुत्री एवं पत्नी के रूपों में रहती है। मानव का समाज से संबंध स्थापित करने वाली नारी होती है। किंतु दुर्भाग्य है कि इस जगत धात्री को समुचित सम्मान ना देकर उसने प्रारंभ से ही अपने वशीभूत रखने का प्रयत्न किया है। नारी के रूप को देवी का प्रतीक मानते हैं। इसका सम्मान पूरे संसार को बदलने की क्षमता रखता है। नारी को माँ-दुर्गा, माँ सरस्वती और माँ-लक्ष्मी के रूप में पूजा जाता है। प्राचीन भारत में नारी की स्थिति अच्छी थी। वैदिक काल में नारी का सम्मानजनक स्थान था। रोमसा, लोपामुद्रा अधिकारियों ने ऋग्वेद के सूक्तों को रचा, तो सीता, अनुसुइया, सुलोचना आदि के आदर्शों को आज भी स्वीकार किया जाता है। मनुस्मृति के वचन अनुसार:- जहां स्त्री जाति का आदर सम्मान होता है उनकी आवश्यकता और अपेक्षाओं की पूर्ति होती है उस स्थान, समाज, परिवार पर देवता गण प्रसन्न रहते हैं। जहां ऐसा नहीं होता और उनके प्रति तिरस्कार का व्यवहार किया जाता है वहां देव कृपा नहीं रहती है और वहां संपन्न किए गए कार्य सफल नहीं होते।

SubQuestion No : 17

Q.17 "सम्मान" शब्द का सही विलोम शब्द चुनें।

- Ans
- ☒ 1. इज्जत
 - ☒ 2. प्रतिष्ठा
 - ☒ 3. अपमान
 - ☒ 4. आदर

Question ID : 6009299342

Comprehension:

नीचे दिए गए गद्यांश के बाद ५ प्रश्न दिए गए हैं। इस गद्यांश ध्यान पूर्वक पढ़ें और चार विकल्पों में से प्रत्येक प्रश्न का सर्वोत्तम उत्तर चुनें।

ब्रह्मा के पश्चात् इस भूतल पर मानव को वितरित करने वाली नारी का स्थान सर्वोपरि है। नारी- मां, बहन, पुत्री एवं पत्नी के रूपों में रहती है। मानव का समाज से संबंध स्थापित करने वाली नारी होती है। किंतु दुर्भाग्य है कि इस जगत धात्री को समुचित सम्मान ना देकर उसने प्रारंभ से ही अपने वशीभूत रखने का प्रयत्न किया है। नारी के रूप को देवी का प्रतीक मानते हैं। इसका सम्मान पूरे संसार को बदलने की क्षमता रखता है। नारी को माँ-दुर्गा, माँ सरस्वती और माँ-लक्ष्मी के रूप में पूजा जाता है। प्राचीन भारत में नारी की स्थिति अच्छी थी। वैदिक काल में नारी का सम्मानजनक स्थान था। रोमसा, लोपामुद्रा अधिकारियों ने ऋग्वेद के सूक्तों को रचा, तो सीता, अनुसुइया, सुलोचना आदि के आदर्शों को आज भी स्वीकार किया जाता है। मनुस्मृति के वचन अनुसार:- जहां स्त्री जाति का आदर सम्मान होता है उनकी आवश्यकता और अपेक्षाओं की पूर्ति होती है उस स्थान, समाज, परिवार पर देवता गण प्रसन्न रहते हैं। जहां ऐसा नहीं होता और उनके प्रति तिरस्कार का व्यवहार किया जाता है वहां देव कृपा नहीं रहती है और वहां संपन्न किए गए कार्य सफल नहीं होते।

SubQuestion No : 18

Q.18 अनुच्छेद में किसको सम्मान न देने के बारे में बताया गया है ?

- Ans
- ☒ 1. मानव को
 - ☒ 2. जगत धात्री को
 - ☒ 3. परिवार को
 - ☒ 4. समाज को

Question ID : 6009299339

Comprehension:

नीचे दिए गए गद्यांश के बाद ५ प्रश्न दिए गए हैं। इस गद्यांश ध्यान पूर्वक पढ़ें और चार विकल्पों में से प्रत्येक प्रश्न का सर्वोत्तम उत्तर चुनें।

ब्रह्मा के पश्चात् इस भूतल पर मानव को वितरित करने वाली नारी का स्थान सर्वोपरि है। नारी- मां, बहन, पुत्री एवं पत्नी के रूपों में रहती है। मानव का समाज से संबंध स्थापित करने वाली नारी होती है। किंतु दुर्भाग्य है कि इस जगत धात्री को समुचित सम्मान ना देकर उसने प्रारंभ से ही अपने वशीभूत रखने का प्रयत्न किया है। नारी के रूप को देवी का प्रतीक मानते हैं। इसका सम्मान पूरे संसार को बदलने की क्षमता रखता है। नारी को माँ-दुर्गा, माँ सरस्वती और माँ-लक्ष्मी के रूप में पूजा जाता है। प्राचीन भारत में नारी की स्थिति अच्छी थी। वैदिक काल में नारी का सम्मानजनक स्थान था। रोमसा, लोपामुद्रा अधिकारियों ने ऋग्वेद के सूक्तों को रचा, तो सीता, अनुसुइया, सुलोचना आदि के आदर्शों को आज भी स्वीकार किया जाता है। मनुस्मृति के वचन अनुसार:- जहां स्त्री जाति का आदर सम्मान होता है उनकी आवश्यकता और अपेक्षाओं की पूर्ति होती है उस स्थान, समाज, परिवार पर देवता गण प्रसन्न रहते हैं। जहां ऐसा नहीं होता और उनके प्रति तिरस्कार का व्यवहार किया जाता है वहां देव कृपा नहीं रहती है और वहां संपन्न किए गए कार्य सफल नहीं होते।

SubQuestion No : 19

Q.19 अनुच्छेद के लिए सही शीर्षक चुनें।

Ans

- ☒ 1. नारी शिक्षा
- ☒ 2. नारी का स्थान सर्वोपरि होता है
- ☒ 3. नारी सम्मान
- ☒ 4. वैदिक युग की नारी

Question ID : 6009299343

Comprehension:

नीचे दिए गए गद्यांश के बाद ५ प्रश्न दिए गए हैं। इस गद्यांश ध्यान पूर्वक पढ़ें और चार विकल्पों में से प्रत्येक प्रश्न का सर्वोत्तम उत्तर चुनें।

ब्रह्मा के पश्चात् इस भूतल पर मानव को वितरित करने वाली नारी का स्थान सर्वोपरि है। नारी- मां, बहन, पुत्री एवं पत्नी के रूपों में रहती है। मानव का समाज से संबंध स्थापित करने वाली नारी होती है। किंतु दुर्भाग्य है कि इस जगत धात्री को समुचित सम्मान ना देकर उसने प्रारंभ से ही अपने वशीभूत रखने का प्रयत्न किया है। नारी के रूप को देवी का प्रतीक मानते हैं। इसका सम्मान पूरे संसार को बदलने की क्षमता रखता है। नारी को माँ-दुर्गा, माँ सरस्वती और माँ-लक्ष्मी के रूप में पूजा जाता है। प्राचीन भारत में नारी की स्थिति अच्छी थी। वैदिक काल में नारी का सम्मानजनक स्थान था। रोमसा, लोपामुद्रा अधिकारियों ने ऋग्वेद के सूक्तों को रचा, तो सीता, अनुसुइया, सुलोचना आदि के आदर्शों को आज भी स्वीकार किया जाता है। मनुस्मृति के वचन अनुसार:- जहां स्त्री जाति का आदर सम्मान होता है उनकी आवश्यकता और अपेक्षाओं की पूर्ति होती है उस स्थान, समाज, परिवार पर देवता गण प्रसन्न रहते हैं। जहां ऐसा नहीं होता और उनके प्रति तिरस्कार का व्यवहार किया जाता है वहां देव कृपा नहीं रहती है और वहां संपन्न किए गए कार्य सफल नहीं होते।

SubQuestion No : 20

Q.20 नारी को किन - किन रूपों में पूजा जाता है ?

Ans

- ☒ 1. सीता, अनुसूया
- ☒ 2. लोपामुद्रा, सुलोचना
- ☒ 3. गार्गी, अनुसूया
- ☒ 4. माँ-दुर्गा, माँ-सरस्वती, माँ -लक्ष्मी

Question ID : 6009299341

Q.1 What is the full form of AAHPERD?

- Ans
- ☐ 1. Austria Australian Health, Physical Education, Recreation and Dance
 - ☐ 2. American Association for Health, Physical Education, Recreation and Dance
 - ☐ 3. American and Australian Health, Physical Education, Recreation and Dance
 - ☒ 4. American Alliance for Health, Physical Education, Recreation and Dance

Question ID : 6009299362

Q.2 Psycho- sexual developmental takes place during_____.

- Ans
- ☐ 1. Adolescence
 - ☐ 2. Adulthood
 - ☒ 3. Young age
 - ☐ 4. Infancy

Question ID : 6009299348

Q.3 Individual differences are due to_____.

- Ans
- ☐ 1. Community Impact
 - ☐ 2. Environment Impact
 - ☐ 3. Heredity Impact
 - ☒ 4. Heredity and Environment Impact

Question ID : 6009299356

Q.4 Assessments of flexibility is done with the help of_____.

- Ans
- ☒ 1. Goniometry
 - ☐ 2. Tens meter
 - ☐ 3. Cyber
 - ☐ 4. Dynamometer

Question ID : 6009299361

Q.5 Goal setting research suggests that people will exert higher levels of effort when goals are_____.

- Ans
- ☐ 1. Easy and General
 - ☒ 2. Challenging and Specific
 - ☐ 3. Task and Moderate
 - ☐ 4. Difficult

Question ID : 6009299358

Q.6 Natural motivation is also known as _____.

- Ans
- ☒ 1. Intrinsic motivation
 - ☐ 2. Self actualization
 - ☐ 3. Self assertion
 - ☐ 4. Extrinsic motivation

Question ID : 6009299355

Q.7 The psychologists usually study on which of the following?

- Ans
- ☐ 1. Dogs
 - ☐ 2. Guinea Pigs
 - ☐ 3. Monkeys
 - ☒ 4. People

Question ID : 6009299344

Q.8 Which is the main asana to be avoided by people suffering from slipped disc or sciatica?

- Ans
- ☒ 1. Paschimothasana
 - ☐ 2. Makarasana
 - ☐ 3. Vajrasana
 - ☐ 4. Advasana

Question ID : 6009299352

Q.9 The test used for body composition which is to quantify an individual's obesity level is _____.

- Ans
- ☒ 1. Body mass index
 - ☐ 2. Skin fold measurement
 - ☐ 3. Hydrostatic weighing.
 - ☐ 4. Height/Weight tables

Question ID : 6009299363

Q.10 निम्नलिखित में से कौन सा आसन मासिक धर्म की ऐंठन को कम करने में मदद करता है?

- Ans
- ☐ 1. शीर्षासन
 - ☐ 2. कर्मापीडासन
 - ☐ 3. सर्वांगासन
 - ☒ 4. बालासन

Question ID : 6009299353

Q.11 किस प्राणायाम को ललाट मस्तिष्क शोधन श्वास कहा जाता है?

- Ans
- ☐ 1. भस्त्रिका प्राणायाम
 - ☐ 2. उज्जैन प्राणायाम
 - ☐ 3. भ्रामरी प्राणायाम
 - ☒ 4. कपालभाति प्राणायाम

Question ID : 6009299354

Q.12 Ida, Pingala, Sushumna are related to _____.

- Ans
- ☐ 1. Karma
 - ☒ 2. Nadi
 - ☐ 3. Chakras
 - ☐ 4. Prana

Question ID : 6009299349

Q.13 निम्नलिखित में से कौन सी मुद्रा हृदयाघात (हार्ट अटैक) और किसी पुरानी शिकायत के बाद दर्द को दूर करने में मदद करती है?

- Ans
- ☒ 1. अपान वायु मुद्रा
 - ☐ 2. पृथ्वी मुद्रा
 - ☐ 3. शून्य मुद्रा
 - ☐ 4. वरुण मुद्रा

Question ID : 6009299351

Q.14 The ability to makes successive movements in different directions efficiently and rapidly refers to_____.

- Ans
- ☒ 1. Co-Ordination
 - ☐ 2. Agility
 - ☐ 3. Balance
 - ☐ 4. Power

Question ID : 6009299359

Q.15 Instinct theory of motivation was propounded by_____.

- Ans
- ☐ 1. Kurt Levin
 - ☒ 2. McDougall
 - ☐ 3. Clark Hall
 - ☐ 4. Benedic

Question ID : 6009299357

Q.16 _____ regularly play sports which don't consist of teamwork and competitive situations. Instead, they play individual sports or activities.

- Ans
- ☐ 1. Type A Personality
 - ☐ 2. Extroverts
 - ☒ 3. Introverts
 - ☐ 4. Type B Personality

Question ID : 6009299346

Q.17 Alderfer's theory categorizes needs into three categories. The most important is_____.

- Ans
- ☐ 1. Relatedness need
 - ☒ 2. Growth needs
 - ☐ 3. Knowledge needs
 - ☐ 4. Existence need

Question ID : 6009299347

Q.18 Range of movement present at body joints refers to _____.

- Ans
- ☐ 1. Muscular endurance
 - ☒ 2. Flexibility
 - ☐ 3. Muscular strength
 - ☐ 4. Agility

Question ID : 6009299360

Q.19 The contemporary definition of psychology is:

- Ans
- ☐ 1. The science of mind and it illnesses
 - ☐ 2. The study of motivation , emotion, and abnormality
 - ☒ 3. The science of behaviour and mental processes
 - ☐ 4. The study of how a mind works and its effect on the body

Question ID : 6009299345

Q.20 त्राटक ताकने से संबंधित है, जबकि नीलि _____ से संबंधित है।

- Ans
- ☐ 1. रेचक और पूरक
 - ☐ 2. वस्त्र धौति
 - ☒ 3. पेट की ऐंठन
 - ☐ 4. सूत्र नेति

Question ID : 6009299350

Q.1 Name the best way out of the following to determine the cardio-vascular efficiency.

- Ans
- ☐ 1. Margarida test
 - ☐ 2. Coopers test
 - ☐ 3. Bench Test
 - ☒ 4. Harvard test

Question ID : 6009299364

Q.2 Tests like SAT are used to measure_____.

- Ans
- ☐ 1. Achievement
 - ☐ 2. Performance
 - ☒ 3. Aptitude
 - ☐ 4. Intelligence

Question ID : 6009299366

Q.3 Smooth muscle is under control of_____.

- Ans
- ☒ 1. ANS
 - ☐ 2. PNS
 - ☐ 3. CNS
 - ☐ 4. PPNS

Question ID : 6009299381

Q.4 Constriction of blood vessels to reduce blood flow is achieved by_____.

- Ans
- ☐ 1. Increased parasympathetic activity
 - ☐ 2. Increased sympathetic activity
 - ☐ 3. Reduced sympathetic activity
 - ☒ 4. Reduced parasympathetic activity

Question ID : 6009299379

Q.5 'Sit and reach test' measures_____.

- Ans
- ☐ 1. Abdominal strength
 - ☒ 2. Hamstring and back flexibility
 - ☐ 3. Shoulder flexibility
 - ☐ 4. Hyperextension of the back

Question ID : 6009299377

Q.6 One part out of many where skin fold test measurement of the fat in human body is taken at the mid-chest, just forward of the armpit. This test is called _____ skin fold test.

- Ans
- ☐ 1. Abdomen
 - ☐ 2. Sub scapular
 - ☒ 3. Pectoral
 - ☐ 4. Midaxilla

Question ID : 6009299368

Q.7 Treatment in which water is used is called _____.

- Ans
- ☐ 1. Cryo therapy
 - ☒ 2. Hydro therapy
 - ☐ 3. Friction
 - ☐ 4. Thermo therapy

Question ID : 6009299380

Q.8 Which system is not a part of the aerobic system for producing ATP?

- Ans
- ☐ 1. Krebs cycle
 - ☒ 2. Aerobic glycolysis
 - ☐ 3. Electron transport cycle
 - ☐ 4. Phosphate system

Question ID : 6009299372

Q.9 Which of the following is the best measure of variability ?

- Ans
- ☐ 1. Mode
 - ☐ 2. Mean Deviation
 - ☒ 3. Standard Deviation
 - ☐ 4. Range

Question ID : 6009299373

Q.10 What is not possessed by fast twitch muscles in comparison to slow twitch muscles?

- Ans
- ☐ 1. Fat contraction speed
 - ☐ 2. Less Myosin cross bridges
 - ☐ 3. High AT pase activity
 - ☒ 4. Less resistant to fatigue

Question ID : 6009299370

Q.11 The type of research method involving in depth study and execution of available information in an attempt to explain complex phenomena is known as _____.

Ans

- ☒ 1. Analytical Research
- ☐ 2. Philosophical Research
- ☐ 3. Developmental Research
- ☐ 4. Action Research

Question ID : 6009299374

Q.12 Which day is celebrated as 'International Day of Yoga'?

Ans

- ☐ 1. June 22
- ☒ 2. June 21
- ☐ 3. June 23
- ☐ 4. June 20

Question ID : 6009299383

Q.13 Which of the following is one of the types of quantitative method of data collection?

Ans

- ☐ 1. Correlation
- ☐ 2. Biographical Analysis
- ☒ 3. Observation
- ☐ 4. Interviews'

Question ID : 6009299375

Q.14 Myosin heads are called_____.

Ans

- ☒ 1. Cross Bridges
- ☐ 2. A-Bands
- ☐ 3. Z-Lines
- ☐ 4. I-Bands

Question ID : 6009299382

Q.15 Cardiac output refers to_____.

Ans

- ☒ 1. The volume of blood pumped by each ventricle per minute
- ☐ 2. The proportion of blood pumped out of each ventricle during systole
- ☐ 3. The electrical output of the cardiac conduction system during a single cardiac cycle
- ☐ 4. The product of the ejection fraction and heart rate

Question ID : 6009299378

Q.16 What is the time duration of field goal speed test in Johnson test?

- Ans
- ☐ 1. 2 Minutes 30 seconds
 - ☐ 2. 1 Minutes
 - ☒ 3. 30 seconds
 - ☐ 4. 2 Minutes

Question ID : 6009299365

Q.17 What is the independent variable in experimental research?

- Ans
- ☐ 1. A variable which no body controls or changes
 - ☐ 2. The variable which is measured, to see results of an experiment
 - ☐ 3. A variable which is held steady
 - ☒ 4. The variable which is manipulated in an experiment

Question ID : 6009299376

Q.18 The measurement of the size and proportion of the human body is called_____.

- Ans
- ☒ 1. Anthropometry
 - ☐ 2. Plyometry
 - ☐ 3. Observative
 - ☐ 4. Corrective

Question ID : 6009299369

Q.19 अधस्त्वक् वसा जमा का सीधा माप _____ द्वारा किया जाता है।

- Ans
- ☐ 1. हार्वर्ड उपकरण
 - ☐ 2. जलस्थैतिक भारण
 - ☐ 3. चालनबलमापी
 - ☒ 4. त्वचावलि कैलिपर

Question ID : 6009299367

Q.20 Increase in the blood lactate is due to_____.

- Ans
- ☐ 1. oxygen absence
 - ☐ 2. Anaerobic threshold
 - ☒ 3. Anaerobic
 - ☐ 4. Aerobic Potential

Question ID : 6009299371

Q.1 What is the meaning of the word 'Hatha' ?

- Ans
- ☐ 1. Earth and Wind
 - ☐ 2. Fire and Water
 - ☒ 3. Sun and Moon
 - ☐ 4. Yin and Yang

Question ID : 6009299386

Q.2 The efforts to control the use of performance enhancing drugs in sports will only be effective if they:

- Ans
- ☐ 1. Provide education programmers emphasizing the dangers of drug abuse
 - ☒ 2. Recognize that most use of drugs is a form of deviant over conformity
 - ☐ 3. Appeal for fair play within sports
 - ☐ 4. Appeal to personal values of athletes themselves

Question ID : 6009299395

Q.3 Which technological development in Paralympics' sport is a type of prosthetic?

- Ans
- ☐ 1. Propone
 - ☐ 2. Game analysis software
 - ☒ 3. Running blades
 - ☐ 4. Cambered wheels

Question ID : 6009299399

Q.4 Name the test to determine the cardio-vascular efficiency.

- Ans
- ☐ 1. Bench Test
 - ☐ 2. Cooper Test
 - ☐ 3. Margaria Step Test
 - ☒ 4. Harvard test

Question ID : 6009299393

Q.5 Sports entertainment in the twenty first century has seen the emergence of the sports pundit. Identify from one of the following, the key role of a sports pundit:

- Ans
- ☒ 1. To offer his or her opinion or commentary on a particular subject area
 - ☐ 2. To provide for rest breaks during a sporting contest
 - ☐ 3. To provide spectator interest and excitement
 - ☐ 4. To communicate results to an audience

Question ID : 6009299397

Q.6 Which gland/s is benefitted by rotational movements of the neck in yoga?

- Ans
- ☒ 1. Pancreas
 - ☒ 2. Sweat Glands
 - ☒ 3. Thyroid
 - ☒ 4. Hypothalamus

Question ID : 6009299384

Q.7 Ergometry is a process by which we measure_____.

- Ans
- ☒ 1. Cardiac output
 - ☒ 2. Brain Activity
 - ☒ 3. Lung capacity
 - ☒ 4. Muscle Potential

Question ID : 6009299391

Q.8 The average amount by which the quartiles differ from the median is represented by the _____.

- Ans
- ☒ 1. Inter - Quartile Range
 - ☒ 2. Range
 - ☒ 3. Mean Deviation
 - ☒ 4. Quartile Deviation

Question ID : 6009299401

Q.9 Video review was introduced to which sport in 2009 to review foul ball and homeruns?

- Ans
- ☒ 1. Rugby
 - ☒ 2. Baseball
 - ☒ 3. Football
 - ☒ 4. Cricket

Question ID : 6009299398

Q.10 Root mean square deviation is also called_____.

- Ans
- ☒ 1. Variance
 - ☒ 2. Mean Deviation
 - ☒ 3. Correlation
 - ☒ 4. Standard Deviation

Question ID : 6009299400

Q.11 Test used to measure Cardio-respiratory endurance is _____ test.

- Ans
- ☒ 1. Tense meter
 - ☒ 2. Cyber
 - ☒ 3. Thread mill
 - ☒ 4. Dynamometer

Question ID : 6009299387

Q.12 Product moment coefficient of correlation measures which particular type of relationship between two variables?

- Ans
- ☒ 1. Parabolic
 - ☒ 2. Linear
 - ☒ 3. Circular
 - ☒ 4. Curvilinear

Question ID : 6009299402

Q.13 Which one of the following instruments comes under the preview of Anthropometry?

- Ans
- ☒ 1. Dynamometer
 - ☒ 2. Treadmill
 - ☒ 3. Ultrasound
 - ☒ 4. Skin Fold Calliper

Question ID : 6009299389

Q.14 Tennis skill is measured by which of the following tests?

- Ans
- ☒ 1. Mc Donald's Test
 - ☒ 2. Dyers Test
 - ☒ 3. Kraus Weber Test
 - ☒ 4. Miller Wall Volley Test

Question ID : 6009299392

Q.15 यह कहा गया है कि आधुनिक तकनीक खेलों में भागीदारी बढ़ाता है। निम्नलिखित में से किसका सबसे अधिक प्रभाव पड़ा है?

- Ans
- ☒ 1. जलवायु कक्षों का विकास जो विभिन्न पर्यावरणीय परिस्थितियों की नकल कर सकते हैं
 - ☒ 2. खेल के कपड़ों का डिजाइन
 - ☒ 3. खेल उपकरण को हल्का और मजबूत बनाने वाली मिश्रित सामग्रियों का उपयोग
 - ☒ 4. खेल सुविधाओं का प्रावधान

Question ID : 6009299394

Q.16 The Athlete Biological Passport is part of modern technology. What is its main function in elite sport?

- Ans
- ☐ 1. It is administered to establish whether an athlete is manipulating his/her physiological variables
 - ☐ 2. It serves as a platform for an ethical Rule of Sport
 - ☒ 3. It profiles biological markers of doping and results of doping tests
 - ☐ 4. It is an excellent alternative to ensure fair outcomes

Question ID : 6009299396

Q.17 The name marjariasana is derived from natural movements and position of which animal?

- Ans
- ☐ 1. Cobra
 - ☒ 2. Cat
 - ☐ 3. Tiger
 - ☐ 4. Deer

Question ID : 6009299385

Q.18 The formula $3 \text{ median} - 2 \text{ mean}$ is used to compute:

- Ans
- ☐ 1. Median
 - ☒ 2. Mode
 - ☐ 3. Weighted Mean
 - ☐ 4. Arithmetic Mean

Question ID : 6009299403

Q.19 Queens college step test is used to measure_____.

- Ans
- ☐ 1. Heart Rate
 - ☒ 2. Cardio-vascular
 - ☐ 3. Flexibility
 - ☐ 4. Endurance

Question ID : 6009299390

Q.20 Assessment of flexibility is done with the help of_____.

- Ans
- ☐ 1. Dynamometer
 - ☐ 2. Cyber
 - ☒ 3. Goniometry
 - ☐ 4. Tense meter

Question ID : 6009299388

Q.1 Where is the largest tendon in the body?

- Ans
- ☐ 1. Shoulder
 - ☐ 2. neck
 - ☒ 3. Heel
 - ☐ 4. Pelvis

Question ID : 6009299415

Q.2 Kinetic Energy Recovery System (KERS) belongs to which sport?

- Ans
- ☐ 1. Kayaking
 - ☒ 2. Auto Racing
 - ☐ 3. Rugby
 - ☐ 4. Ice Hockey

Question ID : 6009299423

Q.3 विकास के लिए सतत संचार निम्न पर केंद्रित है:

- Ans
- ☐ 1. कॉर्पोरेट तकनीक के लिए आवेदन
 - ☐ 2. सहभागी अस्वीकृति
 - ☐ 3. निर्णय लेना
 - ☒ 4. परिवर्तन शिक्षण

Question ID : 6009299418

Q.4 Which is the largest cricket stadium in the world?

- Ans
- ☐ 1. Eden Garden
 - ☐ 2. Melbourne Cricket Stadium
 - ☒ 3. Motera Stadium
 - ☐ 4. Lord's Cricket Stadium

Question ID : 6009299419

Q.5 All of the following are advantages of open chain exercise, except_____.

- Ans
- ☒ 1. Able to exercise through increased ROM
 - ☐ 2. Able to isolate muscle
 - ☐ 3. Interval joint compression
 - ☐ 4. Exercise for non weight bearing positional

Question ID : 6009299414

Q.6 When a concave joint surface moves on a convex stationary joint surface, its roll and slides occurs in _____.

- Ans
- ☒ 1. Same Direction
 - ☐ 2. Opposite Direction
 - ☐ 3. Horizontal Direction
 - ☐ 4. All Direction

Question ID : 6009299410

Q.7 Since which year the nature of sports and mass media relationship has been distinctly shaped by American Capitalism?

- Ans
- ☐ 1. 1930
 - ☐ 2. 1831
 - ☐ 3. 1931
 - ☒ 4. 1830

Question ID : 6009299420

Q.8 In which Olympic did women participate for the first time?

- Ans
- ☐ 1. 1928 Amsterdam
 - ☐ 2. 1896 Athens
 - ☒ 3. 1900 Paris
 - ☐ 4. 1920 Antwerp

Question ID : 6009299416

Q.9 The "C" in the acronym R.I.C.E. stands for:

- Ans
- ☐ 1. Constant
 - ☐ 2. Consistent
 - ☐ 3. Complement
 - ☒ 4. Compression

Question ID : 6009299412

Q.10 An angle between the line of the muscle fiber alignment and the longitudinal axis of the muscle is:

- Ans
- ☐ 1. Resultant angle
 - ☐ 2. Angle of Pull
 - ☒ 3. Pennation angle
 - ☐ 4. Absolute angle

Question ID : 6009299408

Q.11 What does PNF stand for?

- Ans
- ☐ 1. Proprioceptive Neuromuscular Facilitate
 - ☐ 2. Proprioception Neuromuscular Facilitation
 - ☐ 3. Proprioception Neuromuscular Facilitate
 - ☒ 4. Proprioceptive Neuromuscular Facilitation

Question ID : 6009299411

Q.12 The sampling method chosen when the members of a special population are difficult to locate is:

- Ans
- ☐ 1. Dimensional Sampling
 - ☒ 2. Snowball Sampling
 - ☐ 3. Purposive sampling
 - ☐ 4. A Variability sampling

Question ID : 6009299404

Q.13 'Hunch back' is also known as_____.

- Ans
- ☒ 1. Kyphosis
 - ☐ 2. Back pain
 - ☐ 3. Lordosis
 - ☐ 4. Scoliosis

Question ID : 6009299405

Q.14 Speed Play Means_____.

- Ans
- ☒ 1. Fartlek Training
 - ☐ 2. Speed Training
 - ☐ 3. Cross Training
 - ☐ 4. Interval Training

Question ID : 6009299413

Q.15 Who is the first Indian Woman to win an Olympic medal for India?

- Ans
- ☒ 1. Karman Malleshwari
 - ☐ 2. Sakshi Malik
 - ☐ 3. P.V. Sindhu
 - ☐ 4. Saina Nehwal

Question ID : 6009299421

Q.16 Mass Media legitimize the audience's :

- Ans
- ☐ 1. Family relation
 - ☐ 2. Political connection
 - ☐ 3. Power structure
 - ☒ 4. Prestige and status

Question ID : 6009299417

Q.17 Which is the highest sporting award in India?

- Ans
- ☐ 1. Dhyanchand Award
 - ☐ 2. Dronacharya Award
 - ☐ 3. Arjuna Award
 - ☒ 4. Rajiv Gandhi Khel Ratna Award

Question ID : 6009299422

Q.18 When the pivot is at the elbow and the forearm acts as the lever arm, it is which class of lever?

- Ans
- ☐ 1. Class 1
 - ☒ 2. Class 3
 - ☐ 3. Class 2
 - ☐ 4. Class 4

Question ID : 6009299406

Q.19 Any external resistance that remains constant throughout the movement is_____.

- Ans
- ☐ 1. Isoinertial Resistance
 - ☐ 2. Isometric Resistance
 - ☒ 3. Isotonic Resistance
 - ☐ 4. Isokinetic Resistance

Question ID : 6009299409

Q.20 Bending forward of the trunk is an example of movement in the_____.

- Ans
- ☐ 1. Sagittal plane
 - ☐ 2. Frontal plane
 - ☐ 3. Longitudinal axis
 - ☒ 4. Transverse plane

Question ID : 6009299407

Q.1 Who invented Hawk-Eye technology?

- Ans
- ☐ 1. Tony Lewis
 - ☐ 2. Jaap Haartsen
 - ☐ 3. Ross Tucker
 - ☒ 4. Dr Paul Hawkins

Question ID : 6009299440

Q.2 Incomplete recovery is vital in _____.

- Ans
- ☐ 1. Continuous Method of Training
 - ☒ 2. Interval Training
 - ☐ 3. Cross Country
 - ☐ 4. Fartlek Training

Question ID : 6009299433

Q.3 An outline of the topics of a subject to be covered in specific time is called :

- Ans
- ☒ 1. Syllabus
 - ☐ 2. Semester
 - ☐ 3. Course
 - ☐ 4. Programmed

Question ID : 6009299428

Q.4 Kinetic Energy Recovery System is used in _____.

- Ans
- ☐ 1. Pole vault
 - ☒ 2. Car racing
 - ☐ 3. Volleyball
 - ☐ 4. Javelin throw

Question ID : 6009299439

Q.5 For energy and strength dominating sports, the diet should be rich in _____.

- Ans
- ☒ 1. Carbohydrates
 - ☐ 2. Fats
 - ☐ 3. Minerals
 - ☐ 4. Vitamins

Question ID : 6009299436

Q.6 Soft tissue injuries are classified as injuries to which of the following ____.

- Ans
- ☒ 1. Muscles, ligaments, tendons, and Skins
 - ☐ 2. Muscle and bone
 - ☐ 3. Bone and Teeth
 - ☐ 4. Bone and Skin

Question ID : 6009299431

Q.7 Which of the following is the first step in sports Management?

- Ans
- ☐ 1. Budgeting
 - ☒ 2. Planning
 - ☐ 3. Directing
 - ☐ 4. Staffing

Question ID : 6009299427

Q.8 Which vitamin may interact with the anticoagulant Warfarin and increase the risk of excessive bleeding?

- Ans
- ☐ 1. Vitamin A
 - ☐ 2. Vitamin B12
 - ☐ 3. Vitamin E
 - ☒ 4. Vitamin K

Question ID : 6009299437

Q.9 Intramural program creates in students a sense of ____.

- Ans
- ☐ 1. Humour and Respect
 - ☐ 2. Discipline
 - ☒ 3. Involvement and Achievement
 - ☐ 4. Achievement

Question ID : 6009299425

Q.10 The equipments foil and saber belongs to which of the following sports?

- Ans
- ☐ 1. Kayaking
 - ☐ 2. Skating
 - ☒ 3. Fencing
 - ☐ 4. Rowing

Question ID : 6009299442

Q.11 The World Health Day is celebrated on _____.

- Ans
- ☐ 1. 26 December
 - ☐ 2. 6 October
 - ☐ 3. 1 February
 - ☒ 4. 7 April

Question ID : 6009299434

Q.12 The 1st AIMS International Congress of Sports Medicine was held during the IXth Summer Olympic Games held in Amsterdam, The Netherlands, in August _____.

- Ans
- ☐ 1. 1938
 - ☒ 2. 1928
 - ☐ 3. 1958
 - ☐ 4. 1948

Question ID : 6009299430

Q.13 In which year was the first televised sports game featuring instant replay introduced?

- Ans
- ☐ 1. 4 June 1955
 - ☐ 2. 12 November 1960
 - ☒ 3. 7 December 1963
 - ☐ 4. 27 June 1951

Question ID : 6009299443

Q.14 Leadership is a behavioural process which focuses on _____.

- Ans
- ☐ 1. Situational characteristics of the group
 - ☐ 2. Setting goals and getting job done
 - ☒ 3. Influencing individuals and group towards set goals
 - ☐ 4. Developing and maintaining good relationship

Question ID : 6009299429

Q.15 Effective communication is essential in sports management to keep live its _____.

- Ans
- ☐ 1. Character
 - ☐ 2. Principle
 - ☐ 3. Foundation
 - ☒ 4. Dynamics

Question ID : 6009299426

Q.16 Carbohydrates are converted into sugar in the _____.

- Ans
- ☒ 1. Duodenum
 - ☒ 2. Large Intestine
 - ☒ 3. Digestive Tract
 - ☒ 4. Liver

Question ID : 6009299435

Q.17 Goal line technology (GLT) is used in _____.

- Ans
- ☒ 1. Basketball
 - ☒ 2. Handball
 - ☒ 3. Football
 - ☒ 4. Hockey

Question ID : 6009299441

Q.18 The fund constituted to assist sports persons of yester years who had brought glory to the Country in sports but are now living in indignant circumstances is _____ for Sportspersons.

- Ans
- ☒ 1. National Welfare fund
 - ☒ 2. Indian Retirement Fund
 - ☒ 3. National Sports Development Fund
 - ☒ 4. Rural Sports Program

Question ID : 6009299424

Q.19 During starvation, for about how long do the body's carbohydrate (glycogen) stores last?

- Ans
- ☒ 1. 24 Hours
 - ☒ 2. 72 Hours
 - ☒ 3. 3 Days
 - ☒ 4. 4 Days

Question ID : 6009299438

Q.20 'Zygomatic' bone is present in _____.

- Ans
- ☒ 1. Upper Limb
 - ☒ 2. Skull
 - ☒ 3. Vertebral Column
 - ☒ 4. Lower Limb

Question ID : 6009299432

Q.1 The Law of Effect principle developed by Edward Thorndike is also known as _____.

- Ans
- ☒ 1. Law of Satisfaction
 - ☐ 2. Law of Frequency
 - ☐ 3. Law of use and disuse
 - ☐ 4. Law of regency

Question ID : 6009299454

Q.2 Psychological skill training maximizes the combination of _____ skills.

1) Technical 2) Tactical 3) Psychological 4) Physical

- Ans
- ☐ 1. 1 and 4
 - ☒ 2. 1,2,3, and 4
 - ☐ 3. Only 3
 - ☐ 4. 2 and 3

Question ID : 6009299452

Q.3 Wellness for a student includes all of the following EXCEPT:

- Ans
- ☐ 1. Physical health
 - ☒ 2. Occupational health
 - ☐ 3. Spiritual health
 - ☐ 4. Environmental health

Question ID : 6009299451

Q.4 Weight of cross bar in high jump is _____.

- Ans
- ☐ 1. 4 Kg
 - ☐ 2. 2.5 Kg
 - ☐ 3. 3.5 Kg
 - ☒ 4. 2 Kg

Question ID : 6009299463

Q.5 There are five components of physical fitness that you need to consider. Which of the following is NOT one of these 5 components of health-related physical fitness?

- Ans
- ☐ 1. body composition
 - ☐ 2. muscular flexibility
 - ☐ 3. endurance
 - ☒ 4. strong self image

Question ID : 6009299449

Q.6 Bullet start is also known as_____.

- Ans
- ☐ 1. Elongated start
 - ☐ 2. Medium Start
 - ☒ 3. Bunch Start
 - ☐ 4. Sitting Start

Question ID : 6009299462

Q.7 Which skill/ability is most important out of the given options for long-distance swimming?

- Ans
- ☐ 1. Flexibility
 - ☒ 2. Muscular Endurance
 - ☐ 3. Agility
 - ☐ 4. Speed

Question ID : 6009299445

Q.8 Plato is known as, 'Father of _____'.

- Ans
- ☐ 1. Pragmatism
 - ☐ 2. Naturalism
 - ☐ 3. Realism
 - ☒ 4. Idealism

Question ID : 6009299456

Q.9 A well balanced _____ is necessary for a sportsperson to replenish her vitamins, minerals and protein needs.

- Ans
- ☐ 1. Environment
 - ☐ 2. Routine and Schedule
 - ☒ 3. Food and Nutrition
 - ☐ 4. Fitness

Question ID : 6009299446

Q.10 All of the following can be easily accomplished using SPSS and cannot be easily accomplished using excel?

- Ans
- ☐ 1. Multi-dimensional scaling
 - ☐ 2. Descriptive Ratio Analysis
 - ☒ 3. Pivot Tables
 - ☐ 4. PLUM regression

Question ID : 6009299461

Q.11 All those types of computer memories that are directly accessed by the processor using data bus are called _____.

- Ans
- ☐ 1. Secondary memory
 - ☒ 2. Primary memory
 - ☐ 3. Internal memory
 - ☐ 4. Primary storage

Question ID : 6009299460

Q.12 SPSS uses the term 'Scale' to refer to_____.

- Ans
- ☐ 1. Both nominal and ordinal level data
 - ☒ 2. Both interval and ratio level data
 - ☐ 3. Only Ratio Level Data
 - ☐ 4. Categorical data

Question ID : 6009299458

Q.13 A beep test score of 14 would suggest what level of fitness for an athlete in 18 to 25 age group?

- Ans
- ☒ 1. Excellent
 - ☐ 2. Average
 - ☐ 3. Good
 - ☐ 4. Poor

Question ID : 6009299447

Q.14 After importing data into SPSS, and at the Data View screen, to begin the calculation of chi square we have to do the steps in which order?

- Ans
- ☒ 1. Click on Analyze > Descriptive Statistics > Crosstabs
 - ☐ 2. Click on Crosstabs > Analyze > Descriptive Statistics
 - ☐ 3. Click on Analyze > Crosstabs > Descriptive Statistics
 - ☐ 4. Click on Crosstabs > Descriptive Statistics > Analyze

Question ID : 6009299459

Q.15 The SEMO agility test is suitable for which of the following?

- Ans
- ☒ 1. Badminton
 - ☐ 2. Weight lifting
 - ☐ 3. Archery
 - ☐ 4. 400 Mts Sprint

Question ID : 6009299444

Q.16 Mental development is an important aspect of growth. Mental development is mostly concerned with which of the following?

- Ans
- ☒ 1. Emotional Maturity
 - ☒ 2. Reasoning and thinking
 - ☒ 3. Ethical and Moral systems
 - ☒ 4. External and Internal Organs

Question ID : 6009299453

Q.17 Motor skills are movements and actions of the muscles. Motor skills are learnt best by_____.

- Ans
- ☒ 1. Memorization
 - ☒ 2. Observation
 - ☒ 3. Imitation
 - ☒ 4. Practice

Question ID : 6009299455

Q.18 In the Data View in the SPSS Data Editor, each row represents what?

- Ans
- ☒ 1. A Case
 - ☒ 2. A variable
 - ☒ 3. A data point
 - ☒ 4. A missing value

Question ID : 6009299457

Q.19 Diabetes is a _____ characterized by high blood sugar levels.

- Ans
- ☒ 1. Decrease in physical activity
 - ☒ 2. Metabolic disorder
 - ☒ 3. Dietary issue
 - ☒ 4. Disease that primarily affects women

Question ID : 6009299450

Q.20 All of the following are the benefits of an effective lifestyle management programme, except:

- Ans
- ☒ 1. Improve productivity
 - ☒ 2. Reduce the incidence and severity of chronic health conditions.
 - ☒ 3. Guaranteed long life
 - ☒ 4. Reduce medical and healthcare costs

Question ID : 6009299448

Q.1 With which sport is a shot clock usually associated?

- Ans
- ☐ 1. Boxing
 - ☒ 2. Basketball
 - ☐ 3. Wrestling
 - ☐ 4. Weightlifting

Question ID : 6009299482

Q.2 Who amongst the following is a recipient of both these awards: the Arjuna award and Dronacharya award?

- Ans
- ☒ 1. Sanjeeva Singh
 - ☐ 2. Arjun Munda
 - ☐ 3. Tarundeep Rai
 - ☐ 4. Purnima Mahato

Question ID : 6009299473

Q.3 What is the standard width of track marking ?

- Ans
- ☒ 1. 0.05 m
 - ☐ 2. 0.2 m
 - ☐ 3. 0.15 m
 - ☐ 4. 0.05 cm

Question ID : 6009299464

Q.4 Winning the Thomas Cup, trophy signifies world supremacy in the sport of _____.

- Ans
- ☐ 1. Chess
 - ☐ 2. Hockey
 - ☒ 3. Badminton
 - ☐ 4. Tennis

Question ID : 6009299470

Q.5 The term 'Home Run' is generally used in which of the following sports?

- Ans
- ☐ 1. Relay Races
 - ☐ 2. Rugby
 - ☒ 3. Baseball
 - ☐ 4. Football

Question ID : 6009299471

Q.6 The another name of Shuttlecock used in badminton is_____.

- Ans
- ☒ 1. Flower
 - ☒ 2. Birdie
 - ☒ 3. Kokkubra
 - ☒ 4. Eagle Blad

Question ID : 6009299481

Q.7 Obesity can be the cause of all of the following diseases, except:

- Ans
- ☒ 1. Osteoarthritis
 - ☒ 2. Ischaemic Heart disease
 - ☒ 3. Cancer
 - ☒ 4. Diabetes

Question ID : 6009299475

Q.8 For the Tokyo Olympics 2020 in the freestyle swimming events will be for all of the following distances, except _____.

- Ans
- ☒ 1. 1500m
 - ☒ 2. 50m
 - ☒ 3. 1000m
 - ☒ 4. 800m

Question ID : 6009299469

Q.9 Night blindness is one of the first signs of vitamin _____ deficiency.

- Ans
- ☒ 1. C
 - ☒ 2. E
 - ☒ 3. A
 - ☒ 4. D

Question ID : 6009299476

Q.10 A snickometer is utilised in which of the following sports?

- Ans
- ☒ 1. Boxing
 - ☒ 2. Equestrians Sport
 - ☒ 3. Hiking
 - ☒ 4. Cricket

Question ID : 6009299483

Q.11 After a fracture, _____ can restore the position of a bone during the early stage of healing or temporarily ease the pain.

- Ans
- ☐ 1. Petrissage
 - ☐ 2. Tapotement
 - ☒ 3. Traction
 - ☐ 4. Effleurage

Question ID : 6009299480

Q.12 Which of the following joints in the human body has a Ball and Socket type joint?

- Ans
- ☒ 1. shoulder
 - ☐ 2. knee
 - ☐ 3. elbow
 - ☐ 4. ankle

Question ID : 6009299478

Q.13 IAAF (International Association of Athletics Federations, formerly International Amateur Athletic Federation) was formed in the year of_____.

- Ans
- ☐ 1. 1972
 - ☒ 2. 1912
 - ☐ 3. 1932
 - ☐ 4. 1952

Question ID : 6009299468

Q.14 Percussion-oriented massage involving striking of soft tissues with repetitive blows, using both hands in a rhythmic, gentle and rapid fashion is called _____.

- Ans
- ☐ 1. Petrissage
 - ☐ 2. Deep Friction
 - ☐ 3. Traction
 - ☒ 4. Tapotement

Question ID : 6009299477

Q.15 In 110 meters hurdle race, the distance between the starting line and the first hurdle is _____.

- Ans
- ☒ 1. 13.72 m
 - ☐ 2. 11.72 m
 - ☐ 3. 12.72 m
 - ☐ 4. 10.72 m

Question ID : 6009299465

Q.16 _____ means how far a joint moves without assistance. This motion consists of how far you can move your joint in any given direction.

- Ans
- ☒ 1. RST
 - ☒ 2. AROM
 - ☒ 3. Static
 - ☒ 4. PROM

Question ID : 6009299479

Q.17 When was the first official international football match played? It was played between the national teams of Scotland and England.

- Ans
- ☒ 1. 1872
 - ☒ 2. 1902
 - ☒ 3. 1929
 - ☒ 4. 1870

Question ID : 6009299472

Q.18 _____ is a postural deformity in which the legs are bent inward and knees strike each other while walking or running.

- Ans
- ☒ 1. Kyphosis
 - ☒ 2. Scoliosis
 - ☒ 3. Genu Velgum
 - ☒ 4. Lordosis

Question ID : 6009299474

Q.19 In a track event, when is an athlete judged as a winner?

- Ans
- ☒ 1. When the toe crosses the finishing line
 - ☒ 2. When the head crosses the finishing line
 - ☒ 3. When the knee crosses the finishing line
 - ☒ 4. When the torso crosses the finishing line

Question ID : 6009299466

Q.20 Which of the following are the 3 parts and the correct sequence of actions taken in a Triple jump?

- Ans
- ☒ 1. Hop-jump-Step
 - ☒ 2. Hop-step-Jump
 - ☒ 3. Jump-skip-Land
 - ☒ 4. Run-leap-Land

Question ID : 6009299467

Q.1 A digraph that has no self-loop or parallel edges is called a _____.

- Ans
- ☒ 1. Simple Diagraph
 - ☐ 2. Regular Diagraph
 - ☐ 3. Bi Diagraph
 - ☐ 4. Complete Diagraph

Question ID : 6009299499

Q.2 What is the full form of USB?

- Ans
- ☐ 1. Unshielded System Board
 - ☐ 2. Unidentified System Bus
 - ☐ 3. Universal System Board
 - ☒ 4. Universal Serial Bus

Question ID : 6009299503

Q.3 What will be the probability of getting odd numbers if a dice is thrown?

- Ans
- ☒ 1. $\frac{1}{2}$
 - ☐ 2. $\frac{4}{2}$
 - ☐ 3. 2
 - ☐ 4. $\frac{5}{1}$

Question ID : 6009299498

Q.4 Which of the following is not an advantage of Sampling?

- Ans
- ☒ 1. Sampling can be a perfect substitute for census
 - ☐ 2. Sampling saves labour
 - ☐ 3. Sampling coverage permits a level of adequacy
 - ☐ 4. Sampling saves time and money

Question ID : 6009299490

Q.5 Which of the following programming languages is an architectural neutral language because it is capable of running on any given processor?

- Ans
- ☐ 1. Blocky
 - ☒ 2. Java
 - ☐ 3. Ruby
 - ☐ 4. Python

Question ID : 6009299501

Q.6 A stimpmeter is used in which of the following sports?

- Ans
- ☒ 1. Air pistol shooting
 - ☒ 2. Horse Racing
 - ☒ 3. Track and Field
 - ☒ 4. Golf

Question ID : 6009299484

Q.7 The range of the values -3, -8, -1, 0, 6, 1 is:

- Ans
- ☒ 1. 14
 - ☒ 2. 6
 - ☒ 3. 0
 - ☒ 4. 8

Question ID : 6009299493

Q.8 Which of the following is Non-Probability sampling ?

- Ans
- ☒ 1. Voluntary response
 - ☒ 2. Cluster Sampling
 - ☒ 3. Stratified Sampling
 - ☒ 4. Dimensional Sampling

Question ID : 6009299488

Q.9 Which is the preferred measure of dispersion that can be computed in case of open - end classes ?

- Ans
- ☒ 1. Range
 - ☒ 2. Quartile Deviation
 - ☒ 3. Standard Deviation
 - ☒ 4. Coefficient of variation

Question ID : 6009299495

Q.10 _____ distribution is a discrete frequency distribution which gives the probability of a number of independent events occurring in a fixed time.

- Ans
- ☒ 1. Poisson
 - ☒ 2. chi square
 - ☒ 3. Binomial
 - ☒ 4. Normal

Question ID : 6009299497

Q.11 In statistics, _____ is a type of data that is used to label variables without providing any quantitative value.

- Ans
- ☐ 1. Ordinal Data
 - ☒ 2. Nominal Data
 - ☐ 3. Ratio Data
 - ☐ 4. Interval Data

Question ID : 6009299492

Q.12 The sampling method chosen when the members of a special population are difficult to locate is_____.

- Ans
- ☒ 1. Snowball Sampling
 - ☐ 2. Purposive Sampling
 - ☐ 3. Dimensional Sampling
 - ☐ 4. Systematic Sampling

Question ID : 6009299489

Q.13 The standard deviation is independent of:

- Ans
- ☐ 1. Change of scale of measurement
 - ☐ 2. Neither change of origin nor change of scale
 - ☒ 3. Change of origin
 - ☐ 4. Change of origin and scale of measurement

Question ID : 6009299496

Q.14 Which of the following is not the feature of symbols assigned to categories on a nominal scale?

- Ans
- ☐ 1. No Quantitative Measures
 - ☒ 2. Cannot be subjected to arithmetic operations
 - ☐ 3. Nothing more than Labels or Names
 - ☐ 4. May be ordered according to magnitude

Question ID : 6009299494

Q.15 The shortcut key to select a row in an excel file is _____

- Ans
- ☐ 1. Ctrl+Space
 - ☐ 2. Ctrl+F2
 - ☐ 3. Shift+F2
 - ☒ 4. Shift+Space

Question ID : 6009299502

Q.16 One standard deviation on either side of the mean for the normal distribution accounts for _____ of the set.

- Ans
- ☐ 1. 78.27 percent
 - ☐ 2. 88.27 percent
 - ☒ 3. 68.27 percent
 - ☐ 4. 98.27 percent

Question ID : 6009299491

Q.17 Sampling in which elements are grouped together because they share certain characteristics is _____.

- Ans
- ☒ 1. Stratified Sampling
 - ☐ 2. Cluster Sampling
 - ☐ 3. Systematic Sampling
 - ☐ 4. Random Sampling

Question ID : 6009299486

Q.18 The binary of the decimal number 23 is _____.

- Ans
- ☐ 1. 11111
 - ☒ 2. 10111
 - ☐ 3. 10011
 - ☐ 4. 11011

Question ID : 6009299500

Q.19 The number of elements in the obtained sample is called _____.

- Ans
- ☒ 1. Sample Size
 - ☐ 2. Sample Design
 - ☐ 3. Sampling frame
 - ☐ 4. Sampling Unit

Question ID : 6009299485

Q.20 Which of the following is Probability sampling ?

- Ans
- ☐ 1. Dimensional Sampling
 - ☒ 2. Cluster Sampling
 - ☐ 3. Purposive Sampling
 - ☐ 4. Snowball Sampling

Question ID : 6009299487

Q.1 Who first propounded the theory of social evolution?

- Ans
- ☒ 1. Herbert Spencer
 - ☐ 2. Montesquieu
 - ☐ 3. Aristotle
 - ☐ 4. Charles Darwin

Question ID : 6009299512

Q.2 _____ is a movement away from the midline of the body. This occurs at the hip and shoulder joints during a jumping jack movement.

- Ans
- ☒ 1. Abduction
 - ☐ 2. Adduction
 - ☐ 3. Circumduction
 - ☐ 4. Dorsiflexion

Question ID : 6009299522

Q.3 _____ is a painful condition that affects the small, fluid-filled sacs that cushion the bones, tendons and muscles near your joints.

- Ans
- ☐ 1. Arthritis
 - ☐ 2. Psoriasis
 - ☐ 3. Sclerosis.
 - ☒ 4. Bursitis

Question ID : 6009299517

Q.4 _____ is the doctrine that actions are right if they are useful or for the benefit of a majority.

- Ans
- ☐ 1. Natural Law
 - ☐ 2. Moral relativism
 - ☐ 3. Deontology
 - ☒ 4. Utilitarianism

Question ID : 6009299516

Q.5 A Range of motion in and around the joints is known as _____.

- Ans
- ☐ 1. Balance
 - ☐ 2. Speed
 - ☐ 3. Strength
 - ☒ 4. Flexibility

Question ID : 6009299507

Q.6 A gigabyte is _____. Choose the best option.

- Ans ☒ 1. 1,073,741,824 bytes
☐ 2. 1,048,576 bytes
☐ 3. 1,099,511,627,776 bytes
☐ 4. 1,024 bytes

Question ID : 6009299504

Q.7 Carpo Metacarpal joint is an example of _____.

- Ans ☐ 1. Ball and Socket Joint
☐ 2. Gliding Joint
☐ 3. Condylod Joint
☒ 4. Saddle Joint

Question ID : 6009299520

Q.8 Autogenic training is a technique_____.

- Ans ☐ 1. to identify areas of physical strain in the body
☐ 2. to adjust abnormality
☐ 3. to identify causes of mental stress
☒ 4. to bring about relaxation in body

Question ID : 6009299514

Q.9 _____ branch of classical mechanics that concerns the effect of forces and torques on the motion of bodies having mass

- Ans ☐ 1. Biomechanics
☐ 2. Kinematics
☒ 3. Kinetics
☐ 4. Fluid Mechanics

Question ID : 6009299521

Q.10 Muscle which cause the joints to bend are called _____.

- Ans ☒ 1. Flexors
☐ 2. Abductors
☐ 3. Extensors
☐ 4. Adductors

Question ID : 6009299523

Q.11 The force experienced by a spinning ball as it moves through the air is called _____.

- Ans
- ☐ 1. Tensile Force
 - ☐ 2. Compressive Force
 - ☒ 3. Magnus Force
 - ☐ 4. Contract Force

Question ID : 6009299518

Q.12 When a person performs a somersault they rotate around the _____.

- Ans
- ☐ 1. Transverse Plane
 - ☐ 2. Sagittal Plane
 - ☐ 3. Vertical axis
 - ☒ 4. Frontal axis

Question ID : 6009299519

Q.13 Which of the following languages does a computer understand?

- Ans
- ☐ 1. Object Language
 - ☐ 2. Java Language
 - ☐ 3. C Language
 - ☒ 4. Binary Language

Question ID : 6009299505

Q.14 Which flexibility training methods tricks the receptor organs in the muscles and joints allowing the limbs to increase their range of movements?

- Ans
- ☐ 1. Passive Stretching
 - ☐ 2. PNF Stretching
 - ☐ 3. Active stretching
 - ☒ 4. Static Stretching

Question ID : 6009299510

Q.15 An _____ contraction results in the elongation of a muscle while the muscle is still generating force; in effect, resistance is greater than force generated.

- Ans
- ☐ 1. Concentric
 - ☐ 2. Isotonic
 - ☒ 3. Eccentric
 - ☐ 4. Isometric

Question ID : 6009299508

Q.16 Embarrassment, shame, ridicule, sarcasm, criticism, disapproval, social discrimination, and exclusion are all _____ sanctions.

- Ans
- ☐ 1. Informal
 - ☐ 2. Positive
 - ☒ 3. Negative
 - ☐ 4. Formal

Question ID : 6009299513

Q.17 _____ are standards of social behaviour derived from social interaction and accepted as constituent facts of social structure

- Ans
- ☒ 1. Values
 - ☐ 2. Patterns
 - ☐ 3. Actions
 - ☐ 4. Roles

Question ID : 6009299515

Q.18 The cache memory works between _____.

- Ans
- ☐ 1. Secondary Memory
 - ☐ 2. RAM and ROM
 - ☐ 3. ROM and CPU
 - ☒ 4. CPU and RAM

Question ID : 6009299506

Q.19 Pushing against the stationary wall is an example of _____.

- Ans
- ☒ 1. Isometric Contraction
 - ☐ 2. Eccentric Exercise
 - ☐ 3. Isotonic Contraction
 - ☐ 4. Isokinetic contraction

Question ID : 6009299509

Q.20 Which intense stretching method uses bouncing movements to push your body beyond its normal range of motion?

- Ans
- ☐ 1. Slow Method
 - ☐ 2. Slow Stretching and Holding Method
 - ☐ 3. Relaxation Method
 - ☒ 4. Ballistic Method

Question ID : 6009299511

Q.1 Name the function of Language which encompasses the expression of ideas, concepts and thoughts.

- Ans
- ☒ 1. Cognitive
 - ☐ 2. Directive
 - ☐ 3. Descriptive
 - ☐ 4. Affective

Question ID : 6009299528

Q.2 Inclusion of Art and Drama in education is well supported by _____ theory of Multiple Intelligence.

- Ans
- ☒ 1. Howard Gardner
 - ☐ 2. Lev Vygotsky
 - ☐ 3. Albert Bandura
 - ☐ 4. Burrhus Frederic Skinner

Question ID : 6009299543

Q.3 What utilizes skills across the range of dramatic activity, everything from teacher-in-role to normal theatrical conventions of audience and spectator?

- Ans
- ☒ 1. Educational Drama
 - ☐ 2. Image theatre
 - ☐ 3. Invisible Theatre
 - ☐ 4. Formal theatre

Question ID : 6009299542

Q.4 In which feature of Discussion there is an interaction among the various members where they see, hear and communicate orally by paying attention to each other?

- Ans
- ☐ 1. participation
 - ☐ 2. interpersonal attraction
 - ☒ 3. interface
 - ☐ 4. conflict

Question ID : 6009299529

Q.5 Which one of the following is a numerical concept concerned with the relative equality in terms of numbers and proportions of women, men, girls and boys?

- Ans
- ☐ 1. Gender analysis
 - ☐ 2. Gender equality
 - ☐ 3. Gender mainstreaming
 - ☒ 4. Gender parity

Question ID : 6009299532

Q.6 Who conducted the 'Bobo Doll' experiment?

- Ans
- ☐ 1. Ivan Pavlov
 - ☐ 2. Robert J. Stenberg
 - ☒ 3. Albert Bandura
 - ☐ 4. Louis Lee Thurstone

Question ID : 6009299526

Q.7 _____ reasoning transcends perception and memory and deals with things not in the realm of direct experience.

- Ans
- ☒ 1. Hypothetical
 - ☐ 2. Deductive
 - ☐ 3. Analogical
 - ☐ 4. Transductive

Question ID : 6009299540

Q.8 In 1931, who wrote a thesis entitled, 'The concept of the Reflex in Description of the Behaviour' ?

- Ans
- ☐ 1. Edward Lee Thorndike
 - ☐ 2. Ivan Pavlov
 - ☒ 3. Burrhus Frederic Skinner
 - ☐ 4. Sigmund Freud

Question ID : 6009299525

Q.9 Who is well known for the concept of Zone of Proximal Development ?

- Ans
- ☐ 1. Albert Bandura
 - ☐ 2. Ivan Pavlov
 - ☐ 3. Burrhus Frederic Skinner
 - ☒ 4. Lev Vygotsky

Question ID : 6009299524

Q.10 _____ is a cross-country measure of discrimination against women in social institutions.

- Ans
- ☐ 1. Gender Inequality Index (GII)
 - ☒ 2. Social Institution and Gender Index (SIGI)
 - ☐ 3. Gender Parity Index
 - ☐ 4. Gender Gap Index

Question ID : 6009299531

Q.11 Which approach explains personality in terms of changes in behaviour that takes place throughout one's life?

- Ans
- ☐ 1. Psychoanalytic Approach
 - ☐ 2. Humanistic Approach
 - ☐ 3. Trait Approach
 - ☒ 4. Life-span approach

Question ID : 6009299541

Q.12 Which government programme aims at improving and providing quality primary education for all children?

- Ans
- ☐ 1. Safe School Act
 - ☐ 2. Secondary Service Area
 - ☒ 3. Sarva Shiksha Abhiyaan
 - ☐ 4. Sub Service Area

Question ID : 6009299536

Q.13 _____ has to do with the consistency, or reproducibility, or an examinee's performance on the test.

- Ans
- ☐ 1. Validity
 - ☐ 2. Fairness
 - ☐ 3. Legal Defensibility
 - ☒ 4. Reliability

Question ID : 6009299534

Q.14 From which stage did the National Policy on Education, 1986 emphasized on continuous and comprehensive evaluation and the introduction of semester system ?

- Ans
- ☒ 1. Secondary stage
 - ☐ 2. Primary stage
 - ☐ 3. Higher secondary stage
 - ☐ 4. Elementary Stage

Question ID : 6009299535

Q.15 _____ has two components which are knowledge about cognition and regulation of cognition.

- Ans
- ☒ 1. Metacognition
 - ☐ 2. Speech
 - ☐ 3. Language
 - ☐ 4. Schema

Question ID : 6009299527

Q.16 किस मॉडल के तहत विशेष आवश्यकता वाले छात्र अपना अधिकांश या पूरा समय गैर-विकलांग छात्रों के साथ बिताते हैं?

- Ans
- ☒ 1. एकीकरण
 - ☒ 2. मैनस्ट्रीमिंग
 - ☒ 3. समावेश
 - ☒ 4. बहिष्करण

Question ID : 6009299537

Q.17 The social and cultural definitions of men and women are called _____.

- Ans
- ☒ 1. Sex
 - ☒ 2. Identity
 - ☒ 3. Society
 - ☒ 4. Gender

Question ID : 6009299530

Q.18 In which step of test construction, method of scoring is decided?

- Ans
- ☒ 1. Preparing the test
 - ☒ 2. Analysing the test
 - ☒ 3. Planning for the test
 - ☒ 4. Revising the test

Question ID : 6009299533

Q.19 A student with cerebral palsy may not have the ability to grasp and turn a traditional doorknob. Which factor of inclusion is affected here?

- Ans
- ☒ 1. Mis-information
 - ☒ 2. Educational modification
 - ☒ 3. Accessibility
 - ☒ 4. Cooperation

Question ID : 6009299538

Q.20 According to Sigmund Freud, _____ is 'the libidinous compliments of egoism'.

- Ans
- ☒ 1. Repression
 - ☒ 2. Semantics
 - ☒ 3. Narcissism
 - ☒ 4. Sociometry

Question ID : 6009299539